

# 2016–2017 Student Blanket Injury and Sickness Insurance Plan

Designed Especially for the Domestic Students of



NOTICE: IF THE INSURED PERSON IS COVERED BY MORE THAN ONE HEALTH CARE PLAN, THE INSURED MAY NOT BE ABLE TO COLLECT BENEFITS FROM BOTH PLANS. EACH PLAN MAY REQUIRE THE INSURED PERSON TO FOLLOW ITS RULES OR USE SPECIFIC DOCTORS AND HOSPITALS, AND IT MAY BE IMPOSSIBLE TO COMPLY WITH BOTH PLANS AT THE SAME TIME. THE INSURED PERSON SHOULD READ ALL OF THE RULES VERY CAREFULLY, INCLUDING THE COORDINATION OF BENEFITS PROVISION, AND COMPARE THEM TO THE RULES OF ANY OTHER PLAN UNDER WHICH THE INSURED IS COVERED.



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# **Privacy Policy**

We know that your privacy is important to you and we strive to protect the confidentiality of your nonpublic personal information. We do not disclose any nonpublic personal information about our customers or former customers to anyone, except as permitted or required by law. We believe we maintain appropriate physical, electronic and procedural safeguards to ensure the security of your nonpublic personal information. You may obtain a copy of our privacy practices by calling us toll-free at 1-800-767-0700 or visiting us at www.uhcsr.com/ohio.

# **Eligibility**

Domestic Undergraduate, Graduate, Masters, and Doctoral students taking 5 or more Athens Campus credit hours are automatically enrolled in this insurance Plan at registration, unless proof of comparable coverage is furnished. Students that are eligible to waive the insurance may do so online through their MyOhio account prior to the posted deadline.

Students taking 1 or more credit hours and enrolled at one of the satellite campuses (Cleveland, Dublin, Ironton, St. Clairsville, Lancaster, Zanesville, Chillicothe, Cambridge, Circleville, Pickerington and Proctorville) are eligible to purchase this insurance Plan.

Students must actively attend classes for at least the first 31 days after the date for which coverage is purchased. Home study, correspondence, and online courses do not fulfill the Eligibility requirements that the student actively attend classes. The Company maintains its right to investigate eligibility or student status and attendance records to verify that the policy Eligibility requirements have been met. If the Company discovers the eligibility requirements have not been met, its only obligation is to refund premium.

Eligible students who do enroll may also insure their eligible Dependents. Eligible Dependents are the student's legal spouse or Domestic Partner and dependent children. See the Definitions section of the Brochure for the specific requirements needed to meet Dependent and Domestic Partner eligibility.

Dependent Eligibility expires concurrently with that of the Insured student.

Coverage availability is guaranteed for all individuals who meet the eligibility requirements.

#### Waiver/Enrollment Information

Students eligible to waive the health insurance policy must complete a waiver online through their MyOhio account prior to the posted deadlines.

Fall Semester 2016 Waiver Deadline: September 9, 2016. Completing a waiver for Fall semester will waive the insurance policy for Fall 2016, Spring and Summer 2017 semesters.

**Spring Semester 2017 Waiver Deadline:** January 27, 2017. Completing a waiver for Spring semester will waive the insurance policy for Spring and Summer 2017 semesters.

Summer Semester 2017 Waiver Deadline: May 26, 2017. Completing a waiver for Summer semester will waive the insurance policy only for Summer semester 2017.

Students wishing to enroll on a voluntary basis must complete enrollment forms prior to the waiver deadlines listed above.

#### **Effective and Termination Dates**

The Master Policy becomes effective at 12:01 a.m., August 16, 2016. The individual student's coverage becomes effective on the first day of the period for which premium is paid or the date the enrollment form and full premium are received by the Company. The Master Policy terminates at 11:59 p.m., August 15, 2017. Coverage terminates on that date or at the end of the period through which premium is paid, whichever is earlier. Dependent coverage will not be effective prior to that of the Insured student or extend beyond that of the Insured student.

Coverage renewal is guaranteed for the Named Insured and eligible Dependents as long as the policy remains in force and the Named Insured continues to meet the eligibility requirements.

Refunds of premiums are allowed only upon entry into the armed forces.

The Policy provides One Year Term Insurance Coverage.

#### **Extension of Benefits after Termination**

The coverage provided under the Policy ceases on the Termination Date. However, if an Insured is Hospital Confined on the Termination Date from a covered Injury or Sickness for which benefits were paid before the Termination Date, Covered Medical Expenses for such Injury or Sickness will continue to be paid as long as the condition continues but not to exceed 90 days after the Termination Date.

The total payments made in respect of the Insured for such condition both before and after the Termination Date will never exceed the Maximum Benefit.

After this "Extension of Benefits" provision has been exhausted, all benefits cease to exist, and under no circumstances will further payments be made.

## **Pre-Admission Notification**

UnitedHealthcare should be notified of all Hospital Confinements prior to admission.

- 1. **PRE-NOTIFICATION OF MEDICAL NON-EMERGENCY HOSPITALIZATIONS**: The patient, Physician or Hospital should telephone 1-877-295-0720 at least five working days prior to the planned admission.
- 2. **NOTIFICATION OF MEDICAL EMERGENCY ADMISSIONS**: The patient, patient's representative, Physician or Hospital should telephone 1-877-295-0720 within two working days of the admission or as soon as reasonably possible to provide notification of any admission due to Medical Emergency.

UnitedHealthcare is open for Pre-Admission Notification calls from 8:00 a.m. to 6:00 p.m. C.S.T., Monday through Friday. Calls may be left on the Customer Service Department's voice mail after hours by calling 1-877-295-0720.

**IMPORTANT:** Failure to follow the notification procedures will not affect benefits otherwise payable under the policy; however, pre-notification is not a guarantee that benefits will be paid.

#### **Preferred Provider Information**

Preferred Providers in the local school area are providers who are part of the network indicated on the Schedule of Benefits.

The availability of specific providers is subject to change without notice. Insureds should always confirm that a Preferred Provider is participating at the time services are required by calling the Company at 1-800-767-0700 and/or by asking the provider when making an appointment for services.

Out-of-Network providers have not agreed to any prearranged fee schedules. Insured's may incur significant out-of-pocket expenses with these providers. Charges in excess of the insurance payment are the Insured's responsibility.

Regardless of the provider, each Insured is responsible for the payment of any Deductible shown in the Schedule of Benefits. The Deductible, if any, must be satisfied before benefits are paid. The Company will pay according to the benefit limits in the Schedule of Benefits.

#### **Inpatient Expenses**

**PREFERRED PROVIDERS** - Eligible Inpatient expenses at a Preferred Provider will be paid at the Coinsurance percentages specified in the Schedule of Benefits up to any limits specified in the Schedule of Benefits. Preferred Hospitals include UnitedHealthcare Options PPO United Behavioral Health (UBH) facilities. Call 1-800-767-0700 for information about Preferred Hospitals.

**OUT-OF-NETWORK PROVIDERS** - If Inpatient care is not provided at a Preferred Provider, eligible Inpatient expenses will be paid according to the benefit limits in the Schedule of Benefits.

#### **Outpatient Hospital Expenses**

Preferred Providers may discount bills for outpatient Hospital expenses. Benefits are paid according to the Schedule of Benefits. Insureds are responsible for any amounts that exceed the benefits shown in the Schedule, up to the Preferred Allowance.

#### **Professional & Other Expenses**

Benefits for Covered Medical Expenses provided by Preferred Providers will be paid at the Coinsurance percentages specified in the Schedule of Benefits or up to any limits specified in the Schedule of Benefits. All other providers will be paid according to the benefit limits in the Schedule of Benefits.

# Out-of-Network Emergency Services

When Emergency Services for a Medical Emergency are provided by an out-of-network provider, benefits will be subject to the same Copay or Coinsurance amounts that are applicable to Emergency Services provided by a Preferred Provider. Benefits for Emergency Services received from an out-of-network provider will be paid at the greater of the following, excluding any Copays or Coinsurance that would have been imposed if the service had been received from a Preferred Provider: 1) the benefits specified in the Schedule of Benefits; 2) the Preferred Allowance negotiated with Preferred Providers (if there is more than one amount negotiated with Preferred Providers, the amount shall be the median of these negotiated amounts); 3) the amount payable calculated using the Company's Usual and Customary Charges; or 4) the amount that would be paid under Medicare (part A or part B of title XVIII of the Social Security Act, 42 U.S.C. 1395 et seq.) for the Emergency Service. Any other provisions of the policy that apply to cost-sharing for services received from an out-of-network provider, such as the policy Deductible or Out-of-Pocket Maximum, will continue to apply to Emergency Services received from an out-of-network Provider.

The Insured Person is responsible for the balance of out-of-network charges remaining after the Company has paid any out-of-network provider.

# Schedule of Medical Expense Benefits

# METALLIC LEVEL - PLATINUM WITH ACTUARIAL VALUE OF 89.187 % Injury and Sickness Benefits

This Schedule of Benefits is a summary of the Deductibles, Coinsurance, Copayments, maximums, and other limits that apply when the Insured Person obtains Covered Medical Expenses for a covered Injury or Sickness. Please refer to the Medical Expense Benefits section of the Policy for a more complete explanation of the benefits provided under the Policy.

# No Overall Maximum Dollar Limit (Per Insured Person, Per Policy Year)

**Deductible Preferred Providers** \$150 (Per Insured Person, Per Policy Year) **Deductible Preferred Providers** \$300 (For all Insureds in a Family, Per Policy Year) \$300 (Per Insured Person, Per Policy Year) **Deductible Out-of-Network** \$600 (For all Insureds in a Family, Per Policy Year) **Deductible Out-of-Network** 80% of Preferred Allowance, except as noted below **Coinsurance Preferred Providers Coinsurance Out-of-Network** 60% of Usual and Customary Charges, except as noted below **Out-of-Pocket Maximum Preferred Providers** \$1,500 (Per Insured Person, Per Policy Year) \$3,000 (For all Insureds in a Family, Per Policy Year) **Out-of-Pocket Maximum Preferred Providers** Out-of-Pocket Maximum Out-of-Network \$3,000 (Per Insured Person, Per Policy Year) Out-of-Pocket Maximum Out-of-Network \$6,000 (For all Insureds in a Family, Per Policy Year)

The Preferred Provider for this plan is UnitedHealthcare Choice Plus.

If care is received from a Preferred Provider any Covered Medical Expenses will be paid at the Preferred Provider level of benefits. If the Covered Medical Expense is incurred for Emergency Services when due to a Medical Emergency, benefits will be paid at the Preferred Provider level of benefits. Covered Medical Expense incurred at a Preferred Provider facility by an Out-of-Network Provider will be paid at the Preferred Provider level of benefits. In all other situations, reduced or lower benefits will be provided when an Out-of-Network provider is used.

**Out-of-Pocket Maximum:** After the Out-of-Pocket Maximum has been satisfied, Covered Medical Expenses will be paid at 100% for the remainder of the Policy Year subject to any benefit maximums or limits that may apply. Separate Out-of-Pocket Maximums apply to Preferred Provider and Out-of-Network benefits. Any applicable Coinsurance, Copays or Deductibles will be applied to the Out-of-Pocket Maximum. Services that are not Covered Medical Expenses and the amount benefits are reduced for failing to comply with policy provisions or requirements do not count toward meeting the Out-of-Pocket Maximum.

Any amount the Insured Person pays in Coinsurance, Copayments or Deductibles for covered pediatric Dental Services or covered pediatric Vision Services applies to the Out-of-Pocket Maximum shown above.

Family Out-of-Pocket Maximum: Once an Insured Person in a family meets their Per Insured Person, Per Policy Year Out-of-Pocket Maximum, no further Out-of-Pocket Maximum is required for that Insured Person. Other covered family members must continue to meet their Per Insured Person, Per Policy Year Out-of-Pocket Maximum until the overall family Policy Year Out-of-Pocket Maximum amount has been met. Once the overall family Policy Year Out-of-Pocket Maximum amount has been met, no further Out-of-Pocket Maximum amount will be required for any family member covered under the Policy for the remainder of the Policy Year.

Family Deductible: Once an Insured Person in a family meets their Per Insured Person, Per Policy Year Deductible, no further Deductible is required for that Insured Person. Other covered family members must continue to meet their Per Insured Person, Per Policy Year Deductible until the overall family Policy Year Deductible amount has been met. Once the overall family Policy Year Deductible amount has been met, no further Deductible amount will be required for any family member covered under the Policy for the remainder of the Policy Year.

**Ohio University Campus Care:** The Deductible will be waived and benefits will be paid at 100% after a \$15 Copay per visit for Covered Medical Expenses incurred when treatment is rendered at the OUCC.

The Policy Deductible applies to all benefits, except:

- When a Copay or per Service Deductible applies to the services as shown below.
- When the service indicates the Deductible is waived.
- Pediatric Dental services and Pediatric Vision services.

Benefits are calculated on a Policy Year basis unless otherwise specifically stated. When benefit limits apply, benefits will be paid up to the maximum benefit for each service as scheduled below. All benefit maximums are combined Preferred Provider and Out-of-Network unless otherwise specifically stated. Please refer to the Medical Expense Benefits – Injury and Sickness section for a description of the Covered Medical Expenses for which benefits are available. Covered Medical Expenses include:

Inpatient	Preferred Provider	Out-of-Network Provider
Room & Board Expense:	80% of Preferred Allowance	60% of Usual and Customary Charges
Intensive Care:	80% of Preferred Allowance	60% of Usual and Customary Charges
Hospital Miscellaneous Expenses:	80% of Preferred Allowance	60% of Usual and Customary Charges
Routine Newborn Care:	Based on setting where services is performed	Based on setting where services is performed
Surgery: If two or more procedures are performed through the same incision or in immediate succession at the same operative session, the maximum amount paid will not exceed 50% of the second procedure and 50% of all subsequent procedures.	80% of Preferred Allowance	60% of Usual and Customary Charges
Assistant Surgeon Fees:	80% of Preferred Allowance	60% of Usual and Customary Charges
Anesthetist Services:	80% of Preferred Allowance	60% of Usual and Customary Charges
Registered Nurse's Services:	80% of Preferred Allowance	60% of Usual and Customary Charges
Physician's Visits:	80% of Preferred Allowance	60% of Usual and Customary Charges
Pre-admission Testing: Payable within 7 working days prior to admission.	80% of Preferred Allowance	60% of Usual and Customary Charges

Outpatient	Preferred Provider	Out-of-Network Provider
Surgery:	80% of Preferred Allowance	60% of Usual and Customary
If two or more procedures are performed		Charges
through the same incision or in immediate		
succession at the same operative session,		
the maximum amount paid will not exceed		
50% of the second procedure and 50% of		
all subsequent procedures.		
Day Surgery Miscellaneous:	80% of Preferred Allowance	60% of Usual and Customary
Usual and Customary Charges for Day		Charges
Surgery Miscellaneous are based on the		
Outpatient Surgical Facility Charge Index.		
Assistant Surgeon Fees:	80% of Preferred Allowance	60% of Usual and Customary
		Charges
Anesthetist Services:	80% of Preferred Allowance	60% of Usual and Customary
		Charges
Physician's Visits:	80% of Preferred Allowance	60% of Usual and Customary
	\$25 Copay per visit	Charges
Physiotherapy:	80% of Preferred Allowance	60% of Usual and Customary
Review of Medical Necessity will be		Charges
performed after 12 visits per Injury or		
Sickness.		

Outpatient	Preferred Provider	Out-of-Network Provider
Medical Emergency Expenses:  Treatment must be rendered within 72 hours from the time of Injury or first onset of Sickness. The Copay/per visit Deductible will be waived if admitted to the Hospital.	80% of Preferred Allowance \$250 Copay per visit	80% of Usual and Customary Charges \$250 Deductible per visit
Diagnostic X-ray Services:	80% of Preferred Allowance	60% of Usual and Customary Charges
Radiation Therapy:	80% of Preferred Allowance	60% of Usual and Customary Charges
Laboratory Procedures: Includes coverage for Titers.	80% of Preferred Allowance	60% of Usual and Customary Charges
Tests & Procedures:	80% of Preferred Allowance	60% of Usual and Customary Charges
Injections:	80% of Preferred Allowance	60% of Usual and Customary Charges
Chemotherapy:	80% of Preferred Allowance	60% of Usual and Customary Charges
Prescription Drugs:  Mail order Prescription Drugs through UHCP at 2.5 times the retail Copay up to a 90 day supply.  Prescription Drugs covered under the Preventive Care Services benefit will be paid at the benefit levels shown under Preventive Care Services.	UnitedHealthcare Pharmacy (UHCP) \$15 Copay per prescription for Tier 1 \$30 Copay per prescription for Tier 2 \$45 Copay per prescription for Tier 3 up to a 31 day supply per prescription (OUCC - \$5 Copay per Tier 1, \$20 Copay per Tier 2 and \$35 Copay per Tier 3, up to a 31 day supply per prescription)	60% of Usual and Customary Charges \$15 Deductible per prescription for generic drugs \$30 Deductible per prescription for brand name up to a 31 day supply per prescription

Other	Preferred Provider	Out-of-Network Provider
Ambulance Services:	80% of Preferred Allowance	80% of Usual and Customary Charges
Durable Medical Equipment:	80% of Preferred Allowance	80% of Usual and Customary Charges
Consultant Physician Fees:	80% of Preferred Allowance \$35 Copay per visit	60% of Usual and Customary Charges
Dental Treatment:  Benefits paid on Injury to Sound, Natural Teeth only or as specifically described in the policy.	80% of Preferred Allowance	80% of Usual and Customary Charges
Mental Illness Treatment: See also Benefits for Biologically Based Mental Illness.	Based on setting where services is performed	Based on setting where services is performed
Substance Use Disorder Treatment:	Based on setting where services is performed	Based on setting where services is performed
Maternity: See also Benefits for Maternity Follow-Up Care.	Based on setting where services is performed	Based on setting where services is performed
Complications of Pregnancy:	Based on setting where services is performed	Based on setting where services is performed

Other	Preferred Provider	Out-of-Network Provider
Preventive Care Services:  No Deductible, Copays or Coinsurance will be applied when the services are received from a Preferred Provider. HPV Testing and Immunizations, including office visit, are covered regardless of age restrictions.  Please visit https://www.healthcare.gov/preventive-care-benefits/ for a complete list of services provided for specific age and risk groups.	100% of Preferred Allowance	60% of Usual and Customary Charges
Reconstructive Breast Surgery Following Mastectomy:	Based on setting where services is performed	Based on setting where services is performed
Diabetes Services:	Based on setting where services is performed	Based on setting where services is performed
Home Health Care:	80% of Preferred Allowance	60% of Usual and Customary Charges
Hospice Care:	80% of Preferred Allowance	60% of Usual and Customary Charges
Inpatient Rehabilitation Facility:	80% of Preferred Allowance	60% of Usual and Customary Charges
Skilled Nursing Facility:	80% of Preferred Allowance	60% of Usual and Customary Charges
Urgent Care Center:	80% of Preferred Allowance \$35 Copay per visit	60% of Usual and Customary Charges
Hospital Outpatient Facility or Clinic:	80% of Preferred Allowance	60% of Usual and Customary Charges
Approved Clinical Trials: See also Benefits for Cancer Clinical Trials.	Based on setting where services is performed	Based on setting where services is performed
Transplantation Services:	Based on setting where services is performed	Based on setting where services is performed
Pediatric Dental and Vision Services	See Pediatric Dental and Vision Services benefits	See Pediatric Dental and Vision Services benefits
Reconstructive Procedures	Based on setting where service is performed	Based on setting where service is performed
Allergy Testing and Treatment	Based on setting where service is performed	Based on setting where service is performed
Male Sterilization	Based on setting where service is performed	Based on setting where service is performed
Medical Supplies: Benefits are limited to a 31-day supply per purchase.	80% of Preferred Allowance	60% of Usual and Customary Charges
Ostomy Supplies:	80% of Preferred Allowance	60% of Usual and Customary Charges
Temporomandibular Joint Disorder	Based on setting where service is performed	Based on setting where service is performed
Vision Correction	80% of Preferred Allowance	60% of Usual and Customary Charges
Wigs:	80% of Preferred Allowance	60% of Usual and Customary Charges
Non-EHB benefits added to plan via additional Endorsement		
Elective Abortion	Based on setting where service is performed	Based on setting where service is performed
Quantifieron Gold TB Test:	100% of Preferred Allowance	100% of Usual and Customary Charges
Sexual Reassignment Surgery \$25,000 maximum Per Policy Year.	Based on setting where service is performed	Based on setting where service is performed

Other	Preferred Provider	Out-of-Network Provider
STD Screening for Men	Based on setting where services is performed	Based on setting where services is performed
Travel Immunizations/Vaccines (including Office Visit)	Based on setting where services is performed	Based on setting where services is performed
Visual Acuity Testing:	Based on setting where services is performed	Based on setting where services is performed

# UnitedHealthcare Pharmacy Benefits

Benefits are available for outpatient Prescription Drugs on our Prescription Drug List (PDL) when dispensed by a UnitedHealthcare Pharmacy. Benefits are subject to supply limits and Copayments and/or Coinsurance that vary depending on which tier of the PDL the outpatient drug is listed. There are certain Prescription Drugs that require your Physician to notify us to verify their use is covered within your benefit.

You are responsible for paying the applicable Copayments and/or Coinsurance. Your Copayment/Coinsurance is determined by the tier to which the Prescription Drug Product is assigned on the PDL. Tier status may change periodically and without prior notice to you. Please access www.uhcsr.com/ohio or call 1-855-828-7716 for the most up-to-date tier status.

\$15 Copay per prescription order or refill for a Tier 1 Prescription Drug up to a 31 day supply.

\$30 Copay per prescription order or refill for a Tier 2 Prescription Drug up to a 31 day supply.

\$45 Copay per prescription order or refill for a Tier 3 Prescription Drug up to a 31 day supply.

Mail order Prescription Drugs are available at 2.5 times the retail Copay up to a 90 day supply.

**Specialty Prescription Drugs** – if you require Specialty Prescription Drugs, we may direct you to a Designated Pharmacy with whom we have an arrangement to provide those Specialty Prescription Drugs. If you choose not to obtain your Specialty Prescription Drug from a Designated Pharmacy, you will be responsible for the entire cost of the Prescription Drug.

**Designated Pharmacies** – if you require certain Prescription Drugs including, but not limited to, Specialty Prescription Drugs, we may direct you to a Designated Pharmacy with whom we have an arrangement to provide those Prescription Drugs. If you choose not to obtain these Prescription Drugs from a Designated Pharmacy, you will be responsible for the entire cost of the Prescription Drug.

Please present your ID card to the network pharmacy when the prescription is filled.

If you do not present the card, you will need to pay for the prescription and then submit a reimbursement form for prescriptions filled at a network pharmacy along with the paid receipt in order to be reimbursed. To obtain reimbursement forms, or for information about mail-order prescriptions or network pharmacies, please visit www.uhcsr.com/ohio and log in to your online account or call 1-855-828-7716.

When prescriptions are filled at pharmacies outside the network, the Insured must pay for the prescriptions out-of-pocket and submit the receipts for reimbursement to UnitedHealthcare **Student**Resources, P.O. Box 809025, Dallas, TX 75380-9025. See the Schedule of Benefits for the benefits payable at out-of-network pharmacies.

#### **Additional Exclusions:**

In addition to the policy Exclusions and Limitations, the following Exclusions apply to Network Pharmacy Benefits:

- 1. Coverage for Prescription Drug Products for the amount dispensed (days' supply or quantity limit) which exceeds the supply limit.
- 2. Coverage for Prescription Drug Products for the amount dispensed (days' supply or quantity limit) which is less than the minimum supply limit.
- 3. Experimental or Investigational Services or Unproven Services and medications; medications used for experimental indications and/or dosage regimens determined by the Company to be experimental, investigational or unproven.
- 4. Prescription Drug Products, including New Prescription Drug Products or new dosage forms, that the Company determines do not meet the definition of a Covered Medical Expense.

- 5. Certain New Prescription Drug Products and/or new dosage forms until the date they are reviewed and assigned to a tier by our PDL Management Committee.
- 6. Compounded drugs that do not contain at least one ingredient that has been approved by the U.S. Food and Drug Administration and requires a Prescription Order or Refill. Compounded drugs that are available as a similar commercially available Prescription Drug Product. Compounded drugs that contain at least one ingredient that requires a Prescription Order or Refill are assigned to an applicable Tier.
- 7. Drugs available over-the-counter that do not require a Prescription Order or Refill by federal or state law before being dispensed, unless the Company has designated the over-the-counter medication as eligible for coverage as if it were a Prescription Drug Product and it is obtained with a Prescription Order or Refill from a Physician. Prescription Drug Products that are available in over-the-counter form or comprised of components that are available in over-the-counter form or equivalent. Certain Prescription Drug Products that the Company has determined are Therapeutically Equivalent to an over-the-counter drug. Such determinations may be made up to six times during a calendar year, and the Company may decide at any time to reinstate Benefits for a Prescription Drug Product that was previously excluded under this provision.
- 8. Any product for which the primary use is a source of nutrition, nutritional supplements, or dietary management of disease, even when used for the treatment of Sickness or Injury, except as required by state mandate.
- 9. A Prescription Drug Product that contains (an) active ingredient(s) available in and Therapeutically Equivalent to another covered Prescription Drug Product.
- 10. A Prescription Drug Product that contains (an) active ingredient(s) which is (are) a modified version of and Therapeutically Equivalent to another covered Prescription Drug Product.

# **Definitions:**

**Brand-name** means a Prescription Drug: (1) which is manufactured and marketed under a trademark or name by a specific drug manufacturer; or (2) that the Company identifies as a Brand-name product, based on available data resources including, but not limited to, First DataBank, that classify drugs as either brand or generic based on a number of factors. The Insured should know that all products identified as a "brand name" by the manufacturer, pharmacy, or an Insured's Physician may not be classified as Brand-name by the Company.

Chemically Equivalent means when Prescription Drug Products contain the same active ingredient.

**Designated Pharmacy** means a pharmacy that has entered into an agreement with the Company or with an organization contracting on the Company's behalf, to provide specific Prescription Drug Products, including, but not limited to, Specialty Prescription Drug Products. The fact that a pharmacy is a Network Pharmacy does not mean that it is a Designated Pharmacy.

**Experimental or Investigational Services** means medical, surgical, diagnostic, psychiatric, substance abuse or other health care services, technologies, supplies, treatments, procedures, drug therapies or devices that, at the time the Company makes a determination regarding coverage in a particular case, are determined to be any of the following:

- 1. Not approved by the U.S. Food and Drug Administration (FDA) to be lawfully marketed for the proposed use and not identified in the <u>American Hospital Formulary Service</u> or the <u>United States Pharmacopoeia Dispensing Information</u> as appropriate for the proposed use.
- 2. Subject to review and approval by any institutional review board for the proposed use. (Devices which are FDA approved under the *Humanitarian Use Device* exemption are not considered to be Experimental or Investigational.)
- 3. The subject of an ongoing clinical trial that meets the definition of a Phase 1, 2 or 3 clinical trial set forth in the FDA regulations, regardless of whether the trial is actually subject to FDA oversight.

# Exceptions:

- 1. Clinical trials for which benefits are specifically provided for in the policy.
- 2. If the Insured is not a participant in a qualifying clinical trial as specifically provided for in the policy, and has an Injury or Sickness that is likely to cause death within one year of the request for treatment) the Company may, in its discretion, consider an otherwise Experimental or Investigational Service to be a Covered Medical Expense for that Injury or Sickness. Prior to such a consideration, the Company must first establish that there is sufficient evidence to conclude that, albeit unproven, the service has significant potential as an effective treatment for that Sickness or Injury.

**Unproven Services** means services that are not consistent with conclusions of prevailing medical research which demonstrate that the health service has a beneficial effect on health outcomes and that are not based on trials that meet either of the following designs.

1. Well-conducted randomized controlled trials. (Two or more treatments are compared to each other, and the patient is not allowed to choose which treatment is received.)

2. Well-conducted cohort studies. (Patients who receive study treatment are compared to a group of patients who receive standard therapy. The comparison group must be nearly identical to the study treatment group.)

Decisions about whether to cover new technologies, procedures and treatments will be consistent with conclusions of prevailing medical research, based on well-conducted randomized trials or cohort studies, as described.

If the Insured has a life-threatening Injury or Sickness (one that is likely to cause death within one year of the request for treatment) the Company may, in its discretion, consider an otherwise Unproven Service to be a Covered Medical Expense for that Injury or Sickness. Prior to such a consideration, the Company must first establish that there is sufficient evidence to conclude that, albeit unproven, the service has significant potential as an effective treatment for that Sickness or Injury.

**Generic** means a Prescription Drug Product: (1) that is Chemically Equivalent to a Brand-name drug; or (2) that the Company identifies as a Generic product based on available data resources including, but not limited to, First DataBank, that classify drugs as either brand or generic based on a number of factors. The Insured should know that all products identified as a "generic" by the manufacturer, pharmacy or Insured's Physician may not be classified as a Generic by the Company.

**Network Pharmacy** means a pharmacy that has:

- Entered into an agreement with the Company or an organization contracting on our behalf to provide Prescription Drug Products to Insured Persons.
- Agreed to accept specified reimbursement rates for dispensing Prescription Drug Products.
- Been designated by the Company as a Network Pharmacy.

**New Prescription Drug Product** means a Prescription Drug Product or new dosage form of a previously approved Prescription Drug Product, for the period of time starting on the date the Prescription Drug Product or new dosage form is approved by the U.S. Food and Drug Administration (FDA) and ending on the earlier of the following dates:

- The date it is assigned to a tier by our PDL Management Committee.
- December 31<sup>st</sup> of the following calendar year.

**Prescription Drug or Prescription Drug Product** means a medication, product or device that has been approved by the U.S. Food and Drug Administration and that can, under federal or state law, be dispensed only pursuant to a Prescription Order or Refill. A Prescription Drug Product includes a medication that, due to its characteristics, is appropriate for self-administration or administration by a non-skilled caregiver. For the purpose of the benefits under the policy, this definition includes insulin.

**Prescription Drug Cost** means the rate the Company has agreed to pay the Network Pharmacies, including a dispensing fee and any applicable sales tax, for a Prescription Drug Product dispensed at a Network Pharmacy.

**Prescription Drug List** means a list that categorizes into tiers medications, products or devices that have been approved by the U.S. Food and Drug Administration. This list is subject to the Company's periodic review and modification (generally quarterly, but no more than six times per calendar year). The Insured may determine to which tier a particular Prescription Drug Product has been assigned through the Internet at www.uhcsr.com/ohio or call *Customer Service* at 1-855-828-7716.

**Prescription Drug List Management Committee** means the committee that the Company designates for, among other responsibilities, classifying Prescription Drugs into specific tiers.

**Specialty Prescription Drug Product** means Prescription Drug Products that are generally high cost, self-injectable biotechnology drugs used to treat patients with certain illnesses. Insured Persons may access a complete list of Specialty Prescription Drug Products through the Internet at www.uhcsr.com/ohio or call Customer Service at 1-855-828-7716.

**Therapeutically Equivalent** means when Prescription Drugs can be expected to produce essentially the same therapeutic outcome and toxicity.

**Usual and Customary Fee** means the usual fee that a pharmacy charges individuals for a Prescription Drug Product without reference to reimbursement to the pharmacy by third parties. The Usual and Customary Fee includes a dispensing fee and any applicable sales tax.

Insured Person's Right to Request an Exclusion Exception for UnitedHealthcare Pharmacy (UHCP) Prescription Drug Benefits

When a Prescription Drug Product is excluded from coverage, the Insured Person or the Insured's representative may request an exception to gain access to the excluded Prescription Drug Product. To make a request, contact the Company in writing or call 1-800-767-0700. The Company will notify the Insured Person of the Company's determination within 72 hours.

#### **Urgent Requests**

If the Insured Person's requires immediate action and a delay could significantly increase the risk to the Insured Person's health, or the ability to regain maximum function, call the Company as soon as possible. The Company will provide a written or electronic determination within 24 hours.

#### **External Review**

If the Insured Person is not satisfied with the Company's determination of the exclusion exception request, the Insured Person may be entitled to request an external review. The Insured Person or the Insured Person's representative may request an external review by sending a written request to the Company at the address set out in the determination letter or by calling 1-800-767-0700. The Independent Review Organization (IRO) will notify the Insured Person of the determination within 72 hours.

#### **Expedited External Review**

If the Insured Person is not satisfied with the Company's determination of the exclusion exception request and it involves an urgent situation, the Insured Person or the Insured's representative may request an expedited external review by calling 1-800-767-0700 or by sending a written request to the address set out in the determination letter. The IRO will notify the Insured Person of the determination within 24 hours.

# Medical Expense Benefits - Injury and Sickness

This section describes Covered Medical Expenses for which benefits are available in the Schedule of Benefits.

Benefits are subject to: a) the maximum amount for specific services as set forth in the Schedule of Benefits; and b) any Policy Deductible, Coinsurance, Copayment, or per service Deductible amounts set forth in the Schedule of Benefits.

Benefits are payable for Covered Medical Expenses (see "Definitions") less any Deductible incurred by or for an Insured Person for loss due to Injury or Sickness.

The total payable for all Covered Medical Expenses shall be calculated on a per Insured Person per Policy Year basis as stated in the Schedule of Benefits. Read the Definitions section and the Exclusions and Limitations section carefully.

No benefits will be paid for services designated as "No Benefits" in the Schedule of Benefits

Refer to the Exclusions and Limitations section for any additional overall applicable Exclusion or Limitation which may apply.

If a benefit is designated, Covered Medical Expenses include:

ESSENTIAL HEALTH BENEFITS: The following benefits are considered Essential Health Benefits.

# **Inpatient**

#### Room and Board Expense.

Daily semi-private room rate, including bed and meals, when confined as an Inpatient and general nursing care provided and charged by the Hospital.

Benefits also include a private room rate when Medically Necessary.

#### Intensive Care.

Services and nursing care provided when the Insured is confined to an Intensive Care unit specifically designed for the treatment of critically ill or injured patients.

#### 3. Hospital Miscellaneous Expenses.

When confined as an Inpatient or as a precondition for being confined as an Inpatient. In computing the number of days payable under this benefit, the date of admission will be counted, but not the date of discharge.

Benefits will be paid for services and supplies such as:

- The cost of the operating room.
- Laboratory tests.
- X-ray examinations.
- Anesthesia.
- Drugs (excluding take home drugs) or medicines.
- Therapeutic services.
- Medical and surgical dressings, supplies, casts, and splints.

#### 4. Routine Newborn Care.

While Hospital Confined and routine nursery care provided immediately after birth.

Benefits will be paid for an inpatient stay of at least:

- 48 hours following a vaginal delivery.
- 96 hours following a cesarean section delivery.

If the mother agrees, the attending Physician may discharge the newborn earlier than these minimum time frames.

Benefits do not include routine Newborn Infant care and related Physician charges provided on an outpatient basis.

#### 5. Surgery (Inpatient).

Physician's surgery fees in connection with Inpatient surgery. Benefits include normal post-operative care.

# 6. Assistant Surgeon Fees.

Assistant Surgeon fees in connection with Inpatient surgery.

#### 7. Anesthetist Services.

Professional services by an anesthetist when services are administered in connection with Inpatient surgery.

#### 8. Registered Nurse's Services.

Registered Nurse's services which are all of the following:

- Private duty nursing care only.
- Received when confined as an Inpatient.
- Ordered by a licensed Physician.
- A Medical Necessity.

General nursing care provided by the Hospital, Skilled Nursing Facility or Inpatient Rehabilitation Facility is not covered under this benefit.

# 9. Physician's Visits (Inpatient).

Non-surgical Physician services when confined as an Inpatient. Benefits do not apply when related to surgery.

#### 10. Pre-admission Testing.

Benefits are limited to routine tests, including but not limited to:

- Complete blood count.
- Urinalysis.
- Chest X-rays.

If otherwise payable under the policy, major diagnostic procedures such as those listed below will be paid under the "Hospital Miscellaneous" benefit:

- CT scans.
- NMR's.
- Blood chemistries.

# **Outpatient**

# 11. Surgery (Outpatient).

Physician's surgery fees in connection with outpatient surgery. Benefits include normal post-operative care.

#### 12. Day Surgery Miscellaneous (Outpatient).

Facility charge and the charge for services and supplies in connection with outpatient day surgery, excluding non-scheduled surgery; and surgery performed in a Hospital emergency room; trauma center; Physician's office; or clinic.

# 13. Assistant Surgeon Fees (Outpatient).

Assistant Surgeon fees in connection with outpatient surgery.

# 14. Anesthetist Services (Outpatient).

Professional services by an anesthetist when services are administered in connection with outpatient surgery.

# 15. Physician's Visits (Outpatient).

Services provided in a Physician's office for the diagnosis and treatment of a Sickness or Injury. Benefits do not apply when related to surgery or Physiotherapy.

Physician's Visits for preventive care are provided as specified under Preventive Care Services.

# 16. Physiotherapy (Outpatient).

Includes but is not limited to the following rehabilitative services (including Habilitative Services):

- Physical therapy, including treatment by physical means, hydrotherapy, heat, or similar modalities. Such therapy is given to relieve pain, restore function, and to prevent disability following a Sickness, Injury, or loss of limb.
- Occupational therapy for the treatment of a physically disabled Insured Person to promote the restoration of the Insured Person's ability to satisfactorily accomplish the ordinary tasks of daily living and tasks required by the Insured Person's occupation.
- Cardiac rehabilitation therapy to restore an Insured Person's functional status after a cardiac event.
- Manipulative treatment for treating problems associated with bones, joints, and the back.
- Speech therapy for the correction of a speech impairment.

See also Benefits for Habilitative Services.

# 17. Medical Emergency Expenses (Outpatient).

Only in connection with a Medical Emergency as defined. Benefits will be paid for the facility charge for use of the emergency room and supplies.

All other Emergency Services received during the visit will be paid at the benefit levels specified in the Schedule of Benefits based on the type of covered service performed.

The Insured should use emergency services, including calling 911 or other telephone access systems utilized to contact pre-hospital emergency services, when appropriate for treatment of a Medical Emergency.

# 18. Diagnostic X-ray Services (Outpatient).

Diagnostic X-rays are only those procedures identified in <u>Physicians' Current Procedural Terminology</u> (CPT) as codes 70000 - 79999 inclusive. X-ray services for preventive care are provided as specified under Preventive Care Services.

Benefits include, but are not limited to:

- X-rays.
- Advanced Diagnostic Imaging (such as CT scans, PET scans, MRIs).
- Ultrasound.
- Nuclear diagnostic services.
- Professional services for the reading or interpretation of the images.

#### 19. Radiation Therapy (Outpatient).

Benefits are provided for the treatment of a Sickness by x-ray, radium, cobalt, or radioactive isotopes, including:

- Teletherapy.
- Brachytherapy.
- Intraoperative radiation.
- Photon or high energy particle sources.
- Materials and supplies used in therapy.
- Treatment Planning.

#### 20. Laboratory Procedures (Outpatient).

Laboratory Procedures are only those procedures identified in <u>Physicians' Current Procedural Terminology</u> (CPT) as codes 80000 - 89999 inclusive. Laboratory procedures for preventive care are provided as specified under Preventive Care Services.

Benefits include the professional services for the interpretation of the lab results.

# 21. Tests and Procedures (Outpatient).

Tests and procedures are those diagnostic services and medical procedures performed by a Physician but do not include:

- Physician's Visits.
- Physiotherapy.
- X-rays.
- Laboratory Procedures.

The following therapies will be paid under the Tests and Procedures (Outpatient) benefit:

- Inhalation therapy for the treatment of a condition by the administration of medicines, water vapors, gases, or anesthetics by inhalation into the lungs.
- Infusion therapy for the in-home intravenous administration of pharmaceuticals, including but not limited to injections, parenteral nutrition, enteral nutrition, antibiotics, pain management, and chemotherapy.
- Pulmonary therapy to restore an Insured Person's pulmonary functional stats after a Sickness or Injury.
- · Respiratory therapy.
- Dialysis treatment for an acute or chronic kidney ailment.

Benefits also include professional services for the reading and interpretation of the test or procedure.

Tests and Procedures for preventive care are provided as specified under Preventive Care Services.

# 22. Injections (Outpatient).

When administered in the Physician's office and charged on the Physician's statement for the treatment of a covered Injury or Sickness

Immunizations for preventive care are provided as specified under Preventive Care Services.

Benefits do not include routine or preventive immunizations or preventive medicines or vaccines, except where required for the treatment of a covered Injury.

# 23. Chemotherapy (Outpatient).

Benefits are provided for the treatment of a Sickness by chemical or biological antineoplastic agents.

#### 24. Prescription Drugs (Outpatient).

As specified in the UnitedHealthcare Pharmacy (UHCP) Prescription Drug Benefits section.

Benefits will be provided at the benefit levels indicated in the Schedule of Benefits.

#### Other

#### 25. Ambulance Services.

Benefits include Medically Necessary transportation to and from the nearest facility in a vehicle (including ground, water, fixed wing, and rotary wing air transportation) which is:

- Specifically designed to transport a sick or injured person.
- Staffed by properly trained medical professionals.

#### 26. Durable Medical Equipment.

Durable Medical Equipment must be for the treatment of a covered Injury or Sickness and must be all of the following:

- Provided or prescribed by a Physician. A written prescription must accompany the claim when submitted.
- Primarily and customarily used to serve a medical purpose.
- Can withstand repeated use.
- Generally is not useful to a person in the absence of Injury or Sickness.
- Not consumable or disposable except as needed for the effective use of covered durable medical equipment.

Benefits also may include but are not limited to the following items when Medically Necessary:

- Hemodialysis equipment.
- Crutches and replacement of pads and tips.
- Pressure machines.
- Infusion pumps for IV fluids and prescription medications.
- Tracheotomy tube.
- Cardiac, neonatal, and sleep apnea monitors.
- Augmentive communications devices when necessary for an Insured's specific condition.

For the purposes of this benefit, the following are also considered durable medical equipment:

- Braces that stabilize an injured body part and braces to treat curvature of the spine.
- External prosthetic devices that replace a limb or body part but does not include any device that is fully implanted into the body.
- Orthotic devices that straighten or change the shape of a body part including custom made shoe inserts.
- Cochlear implants.

If more than one piece of equipment or device can meet the Insured's functional needs, benefits are available only for the equipment or device that meets the minimum specifications for the Insured's needs. Dental braces are not durable medical equipment and are not covered. Benefits for durable medical equipment are limited to the initial purchase or one replacement purchase per Policy Year. No benefits will be paid for rental charges in excess of purchase price.

#### 27. Consultant Physician Fees.

Services provided on an Inpatient or outpatient basis.

# 28. Dental Treatment.

Dental treatment when services are performed by a Physician and limited to the following:

- Injury to Sound, Natural Teeth.
- Facility charges for outpatient services if the Insured's medical condition or a dental procedure requires a Hospital setting to ensure the safety of the Insured.
- X-rays, supplies, appliances and all associated Covered Medical Expenses, including Hospital facility charges and anesthesia for transplant preparation, initiation of immunosuppressives direct treatment of acute traumatic Injury, cancer or cleft palate.

Benefits for accidental dental Injury include, but are not limited to:

- Oral examination.
- X-rays.
- Tests and laboratory examinations.
- Restorations.
- Prosthetic services.
- Oral surgery.
- Mandibular/maxillary reconstruction.
- Anesthesia.

Breaking a tooth while eating is not covered. Routine dental care and treatment to the gums are not covered.

Pediatric dental benefits are provided in the Pediatric Dental Services Benefit.

# 29. Mental Illness Treatment.

Benefits will be paid for services received:

- On an Inpatient basis while confined to a Hospital including partial hospitalization/day treatment received at a Hospital
- On an outpatient basis including intensive outpatient treatment.

Benefits do not include services received for:

- Caffeine addiction.
- Non-chemical addiction, such as gambling, sexual, spending, shopping, working, and religious.
- Codependency.
- Behavioral problems.
- Conceptual handicap.
- Parent-child problems.
- · Learning disabilities.
- Milieu therapy.
- Developmental delay.

See also Benefits for Biologically Based Mental Illness.

#### 30. Substance Use Disorder Treatment.

Benefits will be paid for services received:

- On an Inpatient basis while confined to a Hospital including partial hospitalization/day treatment received at a Hospital.
- On an outpatient basis including intensive outpatient treatment.

Benefits do not include Methadone maintenance treatment for Substance Use Disorders.

#### 31. Maternity.

Same as any other Sickness for prenatal and postnatal maternity care.

Benefits will be paid for an inpatient stay of at least:

- 48 hours following a vaginal delivery.
- 96 hours following a cesarean section delivery.

If the mother agrees, the attending Physician may discharge the mother earlier than these minimum time frames.

See also Benefits for Maternity Follow-Up Care.

Benefits for therapeutic abortion are provided only when the therapeutic abortion is performed:

- To save the life of the mother.
- As a result of a case of rape or incest.

# 32. Complications of Pregnancy.

Same as any other Sickness.

#### 33. Preventive Care Services.

Medical services that have been demonstrated by clinical evidence to be safe and effective in either the early detection of disease or in the prevention of disease, have been proven to have a beneficial effect on health outcomes and are limited to the following as required under applicable law:

- Evidence-based items or services that have in effect a rating of "A" or "B" in the current recommendations of the *United States Preventive Services Task Force*.
- Immunizations that have in effect a recommendation from the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention.
- With respect to infants, children, and adolescents, evidence-informed preventive care and screenings provided for in the comprehensive guidelines supported by the *Health Resources and Services Administration*.
- With respect to women, such additional preventive care and screenings provided for in comprehensive guidelines supported by the *Health Resources and Services Administration*.

Required preventive care services are updated on an ongoing basis as guidelines and recommendations change. The complete and current list of preventive care services covered under the health reform law can be found at:

http://www.uspreventiveservicestaskforce.org/recommendations.htm

Benefits include coverage for one option for each of the 18 FDA-approved contraceptive categories defined under the Health Resources and Services Administration (HRSA) requirement. If an Insured Person's Physician recommends a particular contraceptive service or FDA-approved item based on a determination of Medical Necessity, coverage for that that contraceptive service or item will be provided under the Preventive Care Services benefit.

Benefits do not include any other:

- Routine preventive care immunizations.
- Routine physical examinations and testing.
- Preventive testing or treatment.
- Screening exams or testing in the absence of Injury or Sickness.

# 34. Reconstructive Breast Surgery Following Mastectomy.

Same as any other Sickness and in connection with a covered mastectomy.

Benefits include:

- All stages of reconstruction of the breast on which the mastectomy has been performed.
- Surgery and reconstruction of the other breast to produce a symmetrical appearance.
- Prostheses and physical complications of mastectomy, including lymphedemas.
- Post-mastectomy surgical bras limited to four (4) bras per Policy Year.

#### 35. Diabetes Services.

Same as any other Sickness in connection with the treatment of diabetes.

Benefits will be paid for Medically Necessary:

- Outpatient self-management training, education and medical nutrition therapy service when ordered by a Physician and provided by appropriately licensed or registered healthcare professionals.
- Prescription Drugs, equipment, and supplies including insulin pumps and supplies, blood glucose monitors, insulin syringes with needles, blood glucose and urine test strips, ketone test strips and tablets and lancets and lancet devices.

Benefits also include preventive foot care for Insured Persons with diabetes.

#### 36. Home Health Care.

Services received from a licensed home health agency that are:

- Ordered by a Physician.
- Provided or supervised by a Registered Nurse in the Insured Person's home.
- Pursuant to a home health plan.

Benefits will be paid only when provided on a part-time, intermittent schedule and when skilled care is required. One visit equals up to four hours of skilled care services.

Benefits also include Private Duty Nursing services only when the services are of such a nature that they cannot be provided by non-professional personnel and can only be provided by a licensed health care provider. Private duty nursing services includes teaching and monitoring of complex care skills such as a tracheotomy suctioning, medical equipment use and monitoring to home caregivers and is not intended to provide for long term supportive care.

For the purposes of this benefit "Private Duty Nursing" means skilled nursing service provided on a one-to-one basis by an actively practicing Registered Nurse (R.N.) or licensed practical nurse (L.P.N). Private duty nursing is shift nursing of eight hours or greater per day and does not include nursing care of less than eight hours per day. Private duty nursing does not include Custodial Care services.

Home Health Care services also include nutritional guidance.

Home Health Care services do not include:

- Food, housing, homemaker services, or home delivered meals.
- Physician charges.
- Cost or installation of helpful environmental materials, services, appliances, or devices. (i.e. hand rails, ramps, air conditioners)
- Services provided by the Insured's immediate family.

#### 37. Hospice Care.

When recommended by a Physician for an Insured Person that is terminally ill with a life expectancy of six months or less.

All hospice care must be received from a licensed hospice agency.

Hospice care includes:

- Physical, psychological, social, and spiritual care for the terminally ill Insured.
- Short-term grief counseling for immediate family members while the Insured is receiving hospice care.

# 38. Inpatient Rehabilitation Facility.

Services received while confined as a full-time Inpatient in a licensed Inpatient Rehabilitation Facility. Confinement in the Inpatient Rehabilitation Facility must follow within 24 hours of, and be for the same or related cause(s) as, a period of Hospital Confinement or Skilled Nursing Facility confinement.

Benefits include a day rehabilitation therapy program for Insureds who do not require Inpatient care but still require a rehabilitation therapy program four to eight hours a day at a Day Hospital. Day rehabilitation program services may consist of physical therapy, occupational therapy, speech therapy, nursing services, and neuropsychological services. A minimum of two therapy services must be provided for this program to be a Covered Medical Expense

# 39. Skilled Nursing Facility.

Services received while confined as an Inpatient in a Skilled Nursing Facility for treatment rendered for one of the following:

- In lieu of Hospital Confinement as a full-time inpatient.
- Within 24 hours following a Hospital Confinement and for the same or related cause(s) as such Hospital Confinement.

# 40. Urgent Care Center.

Benefits are limited to:

• The facility or clinic fee billed by the Urgent Care Center.

All other services rendered during the visit will be paid at the benefit levels specified in the Schedule of Benefits based on the type of covered service performed.

# 41. Hospital Outpatient Facility or Clinic.

Benefits are limited to:

The facility or clinic fee billed by the Hospital.

All other services rendered during the visit will be paid at the benefit levels specified in the Schedule of Benefits based on the type of covered service performed.

# 42. Approved Clinical Trials.

Routine Patient Care Costs incurred during participation in an Approved Clinical Trial for the treatment of cancer or other Life-threatening Condition. The Insured Person must be clinically eligible for participation in the Approved Clinical Trial according to the trial protocol and either: 1) the referring Physician is a participating health care provider in the trial and has concluded that the Insured's participation would be appropriate; or 2) the Insured provides medical and scientific evidence information establishing that the Insured's participation would be appropriate.

"Routine patient care costs" means Covered Medical Expenses which are typically provided absent a clinical trial and not otherwise excluded under the policy. Routine patient care costs do not include:

- The experimental or investigational item, device or service, itself.
- Items and services provided solely to satisfy data collection and analysis needs and that are not used in the direct clinical management of the patient.
- A service that is clearly inconsistent with widely accepted and established standards of care for a particular diagnosis.

"Life-threatening condition" means any disease or condition from which the likelihood of death is probable unless the course of the disease or condition is interrupted.

"Approved clinical trial" means a phase I, phase II, phase III, or phase IV clinical trial that is conducted in relation to the prevention, detection, or treatment of cancer or other life-threatening disease or condition and is described in any of the following:

- Federally funded trials that meet required conditions.
- The study or investigation is conducted under an investigational new drug application reviewed by the Food and Drug Administration.
- The study or investigation is a drug trial that is exempt from having such an investigational new drug application.

See also Benefits for Cancer Clinical Trials.

# 43. Transplantation Services.

Same as any other Sickness for organ or tissue transplants when ordered by a Physician. Benefits are available when the transplant meets the definition of a Covered Medical Expense.

Donor costs that are directly related to organ removal are Covered Medical Expenses for which benefits are payable through the Insured organ recipient's coverage under this policy. Benefits payable for the donor will be secondary to any other insurance plan, service plan, self-funded group plan, or any government plan that does not require this policy to be primary.

#### Benefits also include:

- Transportation and lodging expenses for the Insured and a donor companion/caregiver up to a maximum benefit of \$10,000 per transplant.
- Unrelated donor searches for bone marrow and stem cell transplants.

No benefits are payable for transplants which are considered an Elective Surgery or Elective Treatment (as defined) and transplants involving permanent mechanical or animal organs.

Health services connected with the removal of an organ or tissue from an Insured Person for purposes of a transplant to another person are not covered.

#### 44. Pediatric Dental and Vision Services.

Benefits are payable as specified in the Pediatric Dental Services Benefit and Pediatric Vision Services Benefit.

#### 45. Reconstructive Procedures.

Benefits are provided for reconstructive procedures to correct an Injury or treat a Sickness for which benefits are otherwise payable under the policy.

Benefits are limited to the following:

- Correction of hemangiomas and port wine stains of the head and neck area for Insureds ages 18 and younger.
- Correction of limb deformities such as club hand, club foot, syndactyly, polydactyly, and macrodactylia.
- Otoplasty when performed to improve hearing when ear or ears are absent or deformed.
- Tongue release procedures for the diagnosis of tongue-tied.
- Correction of a skull deformity caused by Congenital Conditions such as Crouzon's disease.
- Treatment and correction of cleft lip and cleft palate.
- Treatment or correction of Congenital Conditions of a Newborn or adopted Infant.
- Breast reconstruction resulting from a mastectomy. See Reconstructive Breast Surgery following a Mastectomy.

Benefits are not provided for services performed where primary result of the procedure is a changed or improved physical appearance.

# 46. Allergy Testing and Treatment.

Benefits for allergy testing and treatment are provided at the benefit levels specified in the Schedule of Benefits based on the type of covered service performed.

#### Benefits include:

- Allergy testing.
- Allergy injections.
- Allergy serum extracts.

#### 47. Male Sterilization.

Benefits for male sterilization are provided at the benefit levels specified in the Schedule of Benefits based on the type of covered service performed.

#### 48. Medical Supplies.

Medical supplies must meet all of the following criteria:

- Prescribed by a Physician. A written prescription must accompany the claim when submitted.
- Used for the treatment of a covered Injury or Sickness.

Benefits are limited to a 31-day supply per purchase.

Benefits do not include:

- Any comfort, luxury, or convenience items.
- Items which exceed the Medical Necessity needs of the Insured.
- Items usually stocked in the home for general use, such as bandages, thermometers, adhesive tapes, hot packs, ice bags.

# 49. Ostomy Supplies.

Benefits for ostomy supplies are limited to the following supplies:

- · Pouches, face plates and belts.
- Irrigation sleeves, bags and ostomy irrigation catheters.
- Skin barriers.

Benefits are not available for deodorants, filters, lubricants, tape, appliance cleaners, adhesive, adhesive remover, or other items not listed above.

#### 50. Temporomandibular Joint Disorder,

Same as any other Sickness for treatment of temporomandibular joint disorder and craniomandibular joint disorder.

#### 51. Vision Correction.

Benefits are payable for the following:

- When due to a covered Injury or Sickness.
- The first pair of eyeglasses or contact lenses following intraocular lens implantation for the treatment of cataracts or aphakia.
- To replace the function of the human lens for conditions caused by cataract surgery or Injury.

Benefits do not include any other:

- Routine eye examinations.
- Eye refractions.
- Eyeglasses.
- Contact lenses.
- Prescriptions or fitting of eyeglasses or contact lenses.

Vision correction for preventive care is provided under Preventive Care Services.

#### 52. Wigs.

Wigs and other scalp hair prosthesis as a result of hair loss due to cancer treatment.

Benefits are limited to the first wig following cancer treatment not to exceed one Per Policy Year.

#### **Mandated Benefits**

# BENEFITS FOR BIOLOGICALLY BASED MENTAL ILLNESS

Benefits will be paid the same as any other Sickness for the treatment of Biologically Based Mental Illness if both of the following apply:

1) The Biologically Based Mental Illness is clinically diagnosed by a Physician authorized to practice medicine and surgery or osteopathic medicine and surgery, a psychologist, a professional clinical counselor, professional counselor, independent social worker, or a clinical nurse specialist whose nursing specialty is mental health.

2) The prescribed treatment is not experimental or investigational, having proven its clinical effectiveness in accordance with generally accepted medical standards.

"Biologically Based Mental Illness" means schizophrenia, schizoaffective disorder, major depressive disorder, bipolar disorder, paranoia and other psychotic disorders, obsessive-compulsive disorder, and panic disorder, as these terms are defined in the most recent edition of the diagnostic and statistical manual of mental disorders published by the American Psychiatric Association.

Benefits shall be subject to all Deductible, Copayment, Coinsurance, limitations, or any other provisions of the policy.

#### BENEFITS FOR CANCER CLINICAL TRIALS

Benefits will be paid the same as any other Sickness for Routine Patient Care administered to an Insured participating in any stage of an Eligible Cancer Clinical Trial, if those expenses would be paid if the Insured was not participating in a clinical trial. "Eligible Cancer Clinical Trial" means a cancer clinical trial that meets all of the following criteria:

- 1) A purpose of the trial is to test whether the intervention potentially improves the trial participant's health outcomes.
- 2) The treatment provided as part of the trial is given with the intention of improving the trial participant's health outcomes.
- 3) The trial has a therapeutic intent and is not designed exclusively to test toxicity or disease pathophysiology.
- 4) The trial does one of the following:
  - Tests how to administer a health care service, item, or drug for the treatment of cancer.
  - Tests responses to a health care service, item or drug for the treatment of cancer.
  - Compares the effectiveness of a health care service, item, or drug for the treatment of cancer with that of other health care services, items or drugs for the treatment of cancer.
  - Studies new uses of a health care service, item, or drug for the treatment of cancer.
- 5) The trial is approved by one of the following entities:
  - The National Institutes of Health or one of its cooperative groups or centers under the United States Department of Health and Human Services.
  - The United States Department of Defense.
  - The United States Department of Veterans' Affairs.

"Routine Patient Care" means all health care services consistent with the coverage provided in the policy for the treatment of cancer, including the type and frequency of any diagnostic modality, that is typically covered for a cancer patient who is not enrolled in a Cancer Clinical Trial, and that was not necessitated solely because of the trial.

Benefits will not be paid for:

- 1) A health care service, item, or drug that is the subject of the cancer clinical trial.
- 2) A health care service, item, or drug provided solely to satisfy data collection and analysis needs for the cancer clinical trial that is not used in the direct clinical management of the patient;
- 3) An investigational or experimental drug or device that has not been approved for market by the United States Food and Drug Administration;
- 4) Transportation, lodging, food, or other expenses for the Insured, or a family member of companion of the Insured, that are associated with the travel to or from a facility providing the cancer clinical trial;
- 5) An item or drug provided by the cancer clinical trial sponsors free of charge for any patient;
- 6) A service, item, or drug that is eligible for reimbursement by a person other than the insurer, including the sponsors of the cancer clinical trial.

Benefits shall be subject to all Deductible, Copayment, Coinsurance, limitations, or any other provisions of the policy.

#### BENEFITS FOR MATERNITY FOLLOW-UP CARE

Benefits shall be provided for maternity follow-up care for Physician-directed follow-up care for a mother and her newborn. Benefits shall include:

- 1) Physical assessment of the mother and newborn.
- 2) Parent education.
- 3) Assistance and training in breast or bottle feeding.
- 4) Assessment of the home support system.
- 5) Performance of any Medically Necessary and appropriate clinical tests.

6) Any other services consistent with follow-up care recommended in the protocols and guidelines developed by national organizations that represent pediatric, obstetric, and nursing professionals.

Benefits apply to services provided in a medical setting or through home health care visits when such visits are performed by a provider who is knowledgeable and experienced in maternity and newborn care.

When a decision is made to discharge a mother or newborn prior to the expiration of the applicable number of hours of inpatient care required to be covered, then benefits will be paid for follow-up care that is provided within seventy-two (72) hours after discharge. When the mother or newborn receive at least the number of hours in inpatient required to be covered, then benefits will be paid for Medically Necessary follow-up care as determined by the health care provider responsible for discharging the mother or newborn.

Benefits shall be subject to all Deductible, Copayment, Coinsurance, limitations, or any other provisions of the policy.

#### BENEFITS FOR CYTOLOGIC SCREENING AND SCREENING MAMMOGRAPHY

Benefits shall be provided for Screening Mammography to detect the presence of breast cancer in adult women and cytologic screening for the presence of cervical cancer.

Benefits for Screening Mammography shall be provided:

- 1) For a woman at least age thirty-five (35) but under age forty, one Screening Mammography.
- 2) For a woman at least age forty (40) but under age fifty (50), either of the following:
  - One Screening Mammography every two (2) years; or
  - One Screening Mammography every year if a Physician has determined that the woman has risk factors for breast cancer.
- 3) For a woman at least age fifty (50) but under age sixty-five (65), one Screening Mammography every year.

"Screening Mammography" means a radiologic examination utilized to detect unsuspected breast cancer at an early stage in asymptomatic women and includes the x-ray examination for the breast using equipment that is dedicated specifically for mammography, including, but not limited to, the x-ray tube, filter, compression device, screens, film, and cassettes, and that has an average radiation exposure delivery of less than on rad mid-breast. Screening Mammography includes two views for each breast and the professional interpretation of the film. Screening Mammography does not include a diagnostic mammography.

Cytologic screenings covered by the Preventive Care Services Benefit and received from a Preferred Provider shall be covered with no cost share as referenced in the Preventive Care Services Benefit listed in the Schedule.

Cytologic screenings not covered by the Preventive Care Services Benefit and received from a Preferred Provider shall be subject to all Preferred Provider Deductible, Copayment, Coinsurance, limitations, or any other provisions of the policy.

Cytologic screenings not covered by the Preventive Care Services Benefit and received from an Out-of-Network Provider shall be subject to all Out-of-Network Deductible, Copayment, Coinsurance, limitations, or any other provisions of the policy.

Screening Mammography covered by the Preventive Care Services Benefit and received from a Preferred Provider shall be covered with no cost share as referenced in the Preventive Care Services Benefit listed in the Schedule.

Screening Mammography not covered by the Preventive Care Services Benefit shall be covered for a total not more than 130% of the Medicare Reimbursement Rate in Ohio for screening mammography. No provider, Hospital, or other health care facility shall seek or receive compensation in excess of 130% of the Medicare reimbursement rate, except for applicable Deductibles and Copayments. Benefits shall be subject to all limitations or any other provisions of the policy.

"Medicare Reimbursement Rate" means the reimbursement rate paid in Ohio under the Medicare program for Screening Mammography that does not include digitization or computer-aided detection, regardless of whether the actual benefit includes digitization or computer-aided detection.

#### BENEFITS FOR ORAL ANTICANCER MEDICATION

Benefits will be provided for prescribed, orally administered anticancer medication that has been approved by the Federal Food and Drug Administration and is used to kill or slow the growth of cancerous cells.

The orally administered medication shall be provided at a cost to the Insured not to exceed the Coinsurance percentage or the Copayment amount as is applied to an intravenously administered or an injected cancer medication prescribed for the same purpose.

Benefits shall be subject to all Deductible, Copayment, Coinsurance, limitations, or any other provisions of the policy.

#### BENEFITS FOR OFF LABEL USE OF PRESCRIPTION DRUGS

Benefits will be provided for any drug approved by the United States Food and Drug Administration, even though the drug has not been approved by the United States Food and Drug Administration for the treatment of the particular indication for which the drug has been prescribed, provided that the drug has been recognized as safe and effective for the treatment of that indication in one or more of the standard medical reference compendia adopted by the United States Department of Health and Human Services under 42 U.S.C. 1395x(t)(2), as amended, or in medical literature that meets the specific criteria listed below.

Medical literature may be accepted for the purposes of this mandate, if all of the following apply:

- 1) Two articles from major peer reviewed professional medical journals have recognized, based on scientific or medical criteria, the drug's safety and effectiveness for treatment of the indication for which the drug has been prescribed.
- 2) No article from a major peer-reviewed professional medical journal has concluded, based on scientific or medical criteria, that the drug is unsafe or ineffective or that the drug's safety and effectiveness cannot be determined for the treatment of the indication for which the drug has been prescribed. and
- 3) Each article meets the uniform requirements for manuscripts submitted to biomedical journals established by the International Committee of Medical Journal Editors or is published in a journal specified by the United States Department of Health and Human Services pursuant to section 186(t)(2)(B) of the Social Security Act 107 Stat. 591 (1993), 42 U. S. C. 1395x(t)(2)(B), as amended, as acceptable peer-reviewed medical literature.

Nothing in this section shall:

- 1) Require coverage for any drug if the United States Food and Drug Administration has determined its use to be contraindicated for the treatment of the particular indication for which the drug has been prescribed.
- 2) Require coverage for experimental drugs not approved for any indication by the United States Food and Drug Administration.
- 3) Alter any lay with regard to provisions limiting the coverage of drugs that have not been approved by the United States Food and Drug Administration.
- 4) Require reimbursement or coverage for any drug not included in the drug formulary or list of covered drugs for this policy.
- 5) Prohibit the application of any policy limitations or exclusions, provided that the decision is not based primarily on the basis that the coverage of the drug is required by this mandate.

Benefits shall be subject to all Deductible, Copayment, Coinsurance, limitations, or any other provisions of the policy.

#### BENEFITS FOR CHILD HEALTH SUPERVISION SERVICES

When the policy includes Dependent coverage, then benefits shall be provided the same as any other Sickness for Child Health Supervision Services from the moment of birth until age nine.

"Child Health Supervision Services" means periodic review of a child's physical and emotional status performed by a Physician, by a health care professional under the supervision of a Physician, or, in the case of hearing screening, by an individual conducting a hearing screening on a newborn infant in a Hospital.

Child Health Supervision Services covered by the Preventive Care Services Benefit and received from a Preferred Provider shall be covered with no cost share as referenced in the Preventive Care Services Benefit listed in the Schedule of Benefits. Child Health Supervision Services not covered by the Preventive Care Services Benefit shall be subject to all Deductible, Copayment, Coinsurance, limitations, or any other provisions of the policy.

#### **BENEFITS FOR HABILITATIVE SERVICES**

Benefits shall be provided the same as any other Sickness for Habilitative Services provided to an Insured Person up to age 21 with a medical diagnosis of Autism Spectrum Disorder.

Benefits include, but are not limited to:

- 1) Outpatient physical rehabilitation services, including:
  - Speech and language therapy and occupational therapy, performed by a licensed therapist.

- Clinical therapeutic intervention defined as therapies supported by empirical evidence, which includes but are not limited to applied behavioral analysis, provided by or under the supervision of a professional who is licensed, certified, or registered by an appropriate agency of the state to perform the services in accordance with a treatment plan.
- 2) Mental/behavioral health outpatient services performed by a licensed psychologist, psychiatrist, or physician to provide consultation, assessment, development and oversight of treatment plans.

Benefits shall be subject to all Deductible, Copayment, Coinsurance, limitations, or any other provisions of the policy.

# Non-EHB Benefits Added to Plan via Additional Endorsement

# Physician's Visits (Outpatient)

1. The Physician's Visits (Outpatient) benefit is deleted in its entirety and replaced with the following:

# Physician's Visits (Outpatient).

Services provided in a Physician's office for the diagnosis and treatment of a Sickness or Injury. Physicians Visits for preventive care are provided as specified under Preventive Care Services.

# **Elective Abortion**

1. The following exclusion is deleted from the policy:

Elective abortion. This exclusion does not apply to therapeutic abortions as specified under Maternity Benefits.

2. Benefits will be paid at the benefit levels indicated in the Schedule of Benefits.

#### **Quantiferon Gold TB Test**

- 1. Benefits are provided for the Quantiferon Gold TB titer test.
- 2. Benefits will be paid at the benefit levels indicated in the Schedule of Benefits.

#### Sexual Reassignment Surgery

- 1. The Sexual Reassignment Exclusion is waived and benefits for Sexual Reassignment surgery will be paid at the benefit levels indicated in the Schedule of Benefits up to a \$25,000 maximum Per Policy Year.
- 2. Benefits include office visits and speech therapy.
- 3. Cosmetic surgery, procedures, and drugs are not covered even if related to sexual reassignment.

#### STD Screenings for Men

1. Benefits shall be provided as indicated in the Schedule of Benefits for STD Screenings for men for services not covered under the Preventive Care Services benefit.

# **Travel Immunizations/Vaccines (including Office Visits)**

- 1. Benefits will be paid at the benefit levels indicated in the Schedule of Benefits for Travel Immunizations/Vaccines as recommended by the CDC for destination of travel.
- 2. Benefits include coverage for the BEXSERO Meningococcal Group B Vaccine.

# **Visual Acuity Testing**

1. Benefits will be paid at the benefit levels indicated in the Schedule of Benefits.

In all other respects, the policy provisions remain the same.

#### Coordination of this Contract's Benefits with Other Benefits

The Coordination of Benefits ("COB") provision applies when a person has health care coverage under more than one **Plan**. **Plan** is defined below.

The order of benefit determination rules govern the order in which each **Plan** will pay a claim for benefits. The **Plan** that pays first is called the **Primary plan**. The **Primary plan** must pay benefits in accordance with its policy terms without regard to the possibility that another Plan may cover some expenses. The **Plan** that pays after the **Primary plan** is the **Secondary plan**. The **Secondary plan** may reduce the benefits it pays so that payments from all **Plans** does not exceed 100% of the total **Allowable expense**.

#### **DEFINITIONS**

- A. A **Plan** is any of the following that provides benefits or services for medical or dental care or treatment. If separate contracts are used to provide coordinated coverage for members of a group, the separate contracts are considered parts of the same plan and there is no COB among those separate contracts.
  - (1) Plan includes: group and nongroup insurance contracts, health insuring corporation ("HIC") contracts, closed panel plans or other forms of group or group-type coverage (whether insured or uninsured); medical care components of long-term care contracts, such as skilled nursing care; medical benefits under group or individual automobile contracts; and Medicare or any other federal governmental plan, as permitted by law.
- (2) **Plan** does not include: hospital indemnity coverage or other fixed indemnity coverage; accident only coverage; specified disease or specified accident coverage; supplemental coverage as described in Revised Code sections 3923.37 and 1751.56; school accident type coverage; benefits for non-medical components of long-term care policies; Medicare supplement policies; Medicaid policies; or coverage under other federal governmental plans, unless permitted by law. Each contract for coverage under (1) or (2) is a separate **Plan**. If a **Plan** has two parts and COB rules apply only to one of the two, each of the parts is treated as a separate **Plan**.
- B. This plan means, in a COB provision, the part of the contract providing the health care benefits to which the COB provision applies and which may be reduced because of the benefits of other plans. Any other part of the contract providing health care benefits is separate from this plan. A contract may apply one COB provision to certain benefits, such as dental benefits, coordinating only with similar benefits, and may apply another COB provision to coordinate other benefits.
- C. The order of benefit determination rules determine whether **This plan** is a **Primary plan** or **Secondary plan** when the person has health care coverage under more than one **Plan**.
- When **This plan** is primary, it determines payment for its benefits first before those of any other **Plan** without considering any other **Plan's** benefits. When **This plan** is secondary, it determines its benefits after those of another **Plan** and may reduce the benefits it pays so that all **Plan** benefits do not exceed 100% of the total **Allowable expense**.
- D. **Allowable expense** is a health care expense, including deductibles, coinsurance and copayments, that is covered at least in part by any Plan covering the person. When a **Plan** provides benefits in the form of services, the reasonable cash value of each service will be considered an **Allowable expense** and a benefit paid. An expense that is not covered by any **Plan** covering the person is not an **Allowable expense**. In addition, any expense that a provider by law or in accordance with a contractual agreement is prohibited from charging a covered person is not an **Allowable expense**.

The following are examples of expenses that are not **Allowable expenses**:

- (1) The difference between the cost of a semi-private hospital room and a private hospital room is not an **Allowable expense**, unless one of the **Plans** provides coverage for private hospital room expenses.
- (2) If a person is covered by 2 or more **Plans** that compute their benefit payments on the basis of usual and customary fees or relative value schedule reimbursement methodology or other similar reimbursement methodology, any amount in excess of the highest reimbursement amount for a specific benefit is not an **Allowable expense**.
- (3) If a person is covered by 2 or more **Plans** that provide benefits or services on the basis of negotiated fees, an amount in excess of the highest of the negotiated fees is not an **Allowable expense**.
- (4) If a person is covered by one **Plan** that calculates its benefits or services on the basis of usual and customary fees or relative value schedule reimbursement methodology or other similar reimbursement methodology and another **Plan** that

provides its benefits or services on the basis of negotiated fees, the **Primary plan's** payment arrangement shall be the **Allowable expense** for all **Plans**. However, if the provider has contracted with the **Secondary plan** to provide the benefit or service for a specific negotiated fee or payment amount that is different than the **Primary plan's** payment arrangement and if the provider's contract permits, the negotiated fee or payment shall be the **Allowable expense** used by the **Secondary plan** to determine its benefits.

- (5) The amount of any benefit reduction by the **Primary plan** because a covered person has failed to comply with the **Plan** provisions is not an **Allowable expense**. Examples of these types of plan provisions include second surgical opinions, precertification of admissions, and preferred provider arrangements.
- E. Closed panel plan is a Plan that provides health care benefits to covered persons primarily in the form of services through a panel of providers that have contracted with or are employed by the **Plan**, and that excludes coverage for services provided by other providers, except in cases of emergency or referral by a panel member.
- F. **Custodial parent** is the parent awarded custody by a court decree or, in the absence of a court decree, is the parent with whom the child resides more than one half of the calendar year excluding any temporary visitation.

#### ORDER OF BENEFIT DETERMINATION RULES

When a person is covered by two or more Plans, the rules for determining the order of benefit payments are as follows:

- A. The **Primary plan** pays or provides its benefits according to its terms of coverage and without regard to the benefits of under any other **Plan**.
- B. (1) Except as provided in Paragraph (2), a **Plan** that does not contain a coordination of benefits provision that is consistent with this regulation is always primary unless the provisions of both **Plans** state that the complying plan is primary.
  - (2) Coverage that is obtained by virtue of membership in a group that is designed to supplement a part of a basic package of benefits and provides that this supplementary coverage shall be excess to any other parts of the **Plan** provided by the contract holder. Examples of these types of situations are major medical coverages that are superimposed over base plan hospital and surgical benefits, and insurance type coverages that are written in connection with a **Closed panel plan** to provide out-of-network benefits.
- C. A **Plan** may consider the benefits paid or provided by another **Plan** in calculating payment of its benefits only when it is secondary to that other **Plan**.
- D. Each Plan determines its order of benefits using the first of the following rules that apply:
  - (1) Non-Dependent or Dependent. The Plan that covers the person other than as a dependent, for example as an employee, member, policyholder, subscriber or retiree is the Primary plan and the Plan that covers the person as a dependent is the Secondary plan. However, if the person is a Medicare beneficiary and, as a result of federal law, Medicare is secondary to the Plan covering the person as a dependent, and primary to the Plan covering the person as other than a dependent (e.g. a retired employee), then the order of benefits between the two Plans is reversed so that the Plan covering the person as an employee, member, policyholder, subscriber or retiree is the Secondary plan and the other Plan is the Primary plan.
  - (2) Dependent child covered under more than one plan. Unless there is a court decree stating otherwise, when a dependent child is covered by more than one **Plan** the order of benefits is determined as follows:
    - (a) For a dependent child whose parents are married or are living together, whether or not they have ever been married:
      - The Plan of the parent whose birthday falls earlier in the calendar year is the Primary plan; or
      - If both parents have the same birthday, the Plan that has covered the parent the longest is the Primary plan.
      - However, if one spouse's plan has some other coordination rule (for example, a "gender rule" which says the father's plan is always primary), we will follow the rules of that plan.
    - (b) For a dependent child whose parents are divorced or separated or not living together, whether or not they have ever been married:

- (i) If a court decree states that one of the parents is responsible for the dependent child's health care expenses or health care coverage and the **Plan** of that parent has actual knowledge of those terms, that Plan is primary. This rule applies to plan years commencing after the **Plan** is given notice of the court decree;
- (ii) If a court decree states that both parents are responsible for the dependent child's health care expenses or health care coverage, the provisions of Subparagraph (a) above shall determine the order of benefits;
- (iii) If a court decree states that the parents have joint custody without specifying that one parent has responsibility for the health care expenses or health care coverage of the dependent child, the provisions of Subparagraph (a) above shall determine the order of benefits; or
- (iv) If there is no court decree allocating responsibility for the dependent child's health care expenses or health care coverage, the order of benefits for the child are as follows:
  - The Plan covering the Custodial parent;
  - The Plan covering the spouse of the Custodial parent;
  - The Plan covering the non-custodial parent; and then
  - The Plan covering the spouse of the non-custodial parent
- (c) For a dependent child covered under more than one **Plan** of individuals who are not the parents of the child, the provisions of Subparagraph (a) or (b) above shall determine the order of benefits as if those individuals were the parents of the child.
- (3) Active employee or retired or laid-off employee. The **Plan** that covers a person as an active employee, that is, an employee who is neither laid off nor retired, is the **Primary plan**. The **Plan** covering that same person as a retired or laid-off employee is the **Secondary plan**. The same would hold true if a person is a dependent of an active employee and that same person is a dependent of a retired or laid-off employee. If the other **Plan** does not have this rule, and as a result, the **Plans** do not agree on the order of benefits, this rule is ignored. This rule does not apply if the rule labeled D (1) can determine the order of benefits.
- (4) COBRA or state continuation coverage. If a person whose coverage is provided pursuant to COBRA or under a right of continuation provided by state or other federal law is covered under another **Plan**, the **Plan** covering the person as an employee, member, subscriber or retiree or covering the person as a dependent of an employee, member, subscriber or retiree is the **Primary plan** and the COBRA or state or other federal continuation coverage is the **Secondary plan**. If the other **Plan** does not have this rule, and as a result, the **Plans** do not agree on the order of benefits, this rule is ignored. This rule does not apply if the rule labeled D (1) can determine the order of benefits.
- (5) Longer or shorter length of coverage. The **Plan** that covered the person as an employee, member, policyholder, subscriber or retiree longer is the **Primary plan** and the **Plan** that covered the person the shorter period of time is the **Secondary plan**.
- (6) If the preceding rules do not determine the order of benefits, the **Allowable expenses** shall be shared equally between the **Plans** meeting the definition of Plan. In addition, **This plan** will not pay more than it would have paid had it been the **Primary plan**.

#### **EFFECT ON THE BENEFITS OF THIS PLAN**

A When **This plan** is secondary, it may reduce its benefits so that the total benefits paid or provided by all **Plans** during a plan year are not more than the total **Allowable expenses**. In determining the amount to be paid for any claim, the **Secondary plan** will calculate the benefits it would have paid in the absence of other health care coverage and apply that calculated amount to any **Allowable expense** under its **Plan** that is unpaid by the **Primary plan**. The **Secondary plan** may then reduce its payment by the amount so that, when combined with the amount paid by the Primary plan, the total benefits paid or provided by all **Plans** for the claim do not exceed the total **Allowable expense** for that claim. In addition, the **Secondary plan** shall credit to its plan deductible any amounts it would have credited to its deductible in the absence of other health care coverage.

B. If a covered person is enrolled in two or more **Closed panel plans** and if, for any reason, including the provision of service by a non-panel provider, benefits are not payable by one **Closed panel plan**, **COB** shall not apply between that **Plan** and other **Closed panel plans**.

# RIGHT TO RECEIVE AND RELEASE NEEDED INFORMATION

Certain facts about health care coverage and services are needed to apply these **COB** rules and to determine benefits payable under **This plan** and other **Plans**. UnitedHealthcare may get the facts it needs from or give them to other organizations or persons for the purpose of applying these rules and determining benefits payable under **This plan** and other **Plans** covering the person claiming benefits. UnitedHealthcare need not tell, or get the consent of, any person to do this. Each person claiming benefits under **This plan** must give UnitedHealthcare any facts it needs to apply those rules and determine benefits payable.

#### **FACILITY OF PAYMENT**

A payment made under another **Plan** may include an amount that should have been paid under **This plan**. If it does, UnitedHealthcare may pay that amount to the organization that made that payment. That amount will then be treated as though it were a benefit paid under This plan. UnitedHealthcare will not have to pay that amount again. The term "payment made" includes providing benefits in the form of services, in which case "payment made" means the reasonable cash value of the benefits provided in the form of services.

#### **RIGHT OF RECOVERY**

If the amount of the payments made by UnitedHealthcare is more than it should have paid under this **COB** provision, it may recover the excess from one or more of the persons it has paid or for whom it has paid, or any other person or organization that may be responsible for the benefits or services provided for the covered person. The "amount of the payments made" includes the reasonable cash value of any benefits provided in the form of services.

#### **COORDINATION DISPUTES**

If you believe that we have not paid a claim properly, you should first attempt to resolve the problem by contacting us. Call our Customer Service Department at 1-800-767-0700. If you are still not satisfied, you may call the Ohio Department of Insurance for instructions on filing a consumer complaint. Call 1-800-686-1526, or visit the Department's website at http://insurance.ohio.gov.

# **Accidental Death and Dismemberment Benefits**

#### Loss of Life, Limb or Sight

If such Injury shall independently of all other causes and within 180 days from the date of Injury solely result in any one of the following specific losses, the Insured Person or beneficiary may request the Company to pay the applicable amount below in addition to payment under the Medical Expense Benefits.

#### For Loss Of:

Life	\$10,000
Two or More Members	\$10,000
One Member	\$ 5,000
Thumb or Index Finger	\$ 2,500

Member means hand, arm, foot, leg, or eye. Loss shall mean with regard to hands or arms and feet or legs, dismemberment by severance at or above the wrist or ankle joint; with regard to eyes, entire and irrecoverable loss of sight. Only one specific loss (the greater) resulting from any one Injury will be paid.

# Ohio University Campus Care (OUCC) Referral Required

# STUDENTS ONLY

The student should use the services of the Ohio University Campus Care first where treatment will be administered or referral issued. Expenses incurred for medical treatment rendered outside of the OUCC for which no prior approval or referral is obtained will be subject to an additional \$150 Deductible. A referral issued by the OUCC must accompany the claim when submitted. Only one referral is required for each Injury or Sickness per Policy Year.

An OUCC referral for outside care is not necessary only under any of the following conditions:

- 1. Medical Emergency. The student must return to OUCC for necessary follow-up care.
- 2. When the OUCC is closed.
- 3. Medical care received when the student is more than 30 miles from campus.
- 4. Medical care obtained when a student is no longer able to use the OUCC due to a change in student status.
- 5. Maternity, obstetrical and gynecological care.
- 6. Mental Illness treatment and Substance Use Disorder treatment.

Dependents are not eligible to use the OUCC and therefore are exempt from the above limitations and requirements.

#### **Definitions**

**ADOPTED OR FOSTER CHILD** means the adopted child or foster child placed with an Insured while that person is covered under this policy. Such child will be covered from the moment of placement for the first 31 days. The Insured must notify the Company, in writing, of the adopted or foster child not more than 31 days after placement or adoption.

In the case of a newborn adopted child, coverage begins at the moment of birth if a written agreement to adopt such child has been entered into by the Insured prior to the birth of the child, whether or not the agreement is enforceable. However, coverage will not continue to be provided for an adopted child who is not ultimately placed in the Insured's residence.

Benefits will also be provided for another child placed in court-ordered temporary or other custody of the Insured from the moment of placement.

When the policy includes Dependent coverage, the Insured will have the right to continue such coverage for the child beyond the first 31 days. To continue the coverage the Insured must, within the 31 days after the child's date of placement: 1) apply to us; and 2) pay the required additional premium, if any, for the continued coverage. If the Insured does not use this right as stated here, all coverage as to that child will terminate at the end of the first 31 days after the child's date of placement.

COINSURANCE means the percentage of Covered Medical Expenses that the Company pays.

**COMPLICATION OF PREGNANCY** means a condition: 1) caused by pregnancy; 2) requiring medical treatment prior to, or subsequent to termination of pregnancy; 3) the diagnosis of which is distinct from pregnancy; and 4) which constitutes a classifiably distinct complication of pregnancy. A condition simply associated with the management of a difficult pregnancy is not considered a complication of pregnancy.

CONGENITAL CONDITION means a medical condition or physical anomaly arising from a defect existing at birth.

**COPAY/COPAYMENT** means a specified dollar amount that the Insured is required to pay for certain Covered Medical Expenses.

COVERED MEDICAL EXPENSES means reasonable charges which are: 1) not in excess of Usual and Customary Charges; 2) not in excess of the Preferred Allowance when the policy includes Preferred Provider benefits and the charges are received from a Preferred Provider; 3) not in excess of the maximum benefit amount payable per service as specified in the Schedule of Benefits; 4) made for services and supplies not excluded under the policy; 5) made for services and supplies which are a Medical Necessity; 6) made for services included in the Schedule of Benefits; and 7) in excess of the amount stated as a Deductible, if any.

Covered Medical Expenses will be deemed "incurred" only: 1) when the covered services are provided; and 2) when a charge is made to the Insured Person for such services.

CUSTODIAL CARE means services that are any of the following:

- 1. Non-health related services, such as assistance in activities.
- 2. Health-related services that are provided for the primary purpose of meeting the personal needs of the patient or maintaining a level of function (even if the specific services are considered to be skilled services), as opposed to improving that function to an extent that might allow for a more independent existence.
- 3. Services that do not require continued administration by trained medical personnel in order to be delivered safely and effectively.

DAY HOSPITAL means a facility that provides day rehabilitation services on an outpatient basis.

**DEDUCTIBLE** means if an amount is stated in the Schedule of Benefits or any endorsement to this policy as a deductible, it shall mean an amount to be subtracted from the amount or amounts otherwise payable as Covered Medical Expenses before payment of any benefit is made. The deductible will apply as specified in the Schedule of Benefits.

#### **DEPENDENT** means:

- 1. The legal spouse of the Named Insured.
- 2. The Domestic Partner of the Named Insured, if listed as a "Class of Person" to be insured as specified in the Policyholder Application.
- 3. Their dependent children.

Children shall cease to be dependent at the end of the month in which they attain the age of 26 years.

The attainment of the limiting age will not operate to terminate the coverage of such child while the child is and continues to be both:

- 1. Incapable of self-sustaining employment by reason of mental retardation or physical handicap.
- 2. Chiefly dependent upon the Insured Person for support and maintenance.

Proof of such incapacity and dependency shall be furnished to the Company: 1) by the Named Insured; and, 2) within 31 days of the child's attainment of the limiting age. Subsequently, such proof must be given to the Company annually following the child's attainment of the limiting age.

If a claim is denied under the policy because the child has attained the limiting age for dependent children, the burden is on the Insured Person to establish that the child is and continues to be handicapped as defined by subsections (1) and (2).

**DOMESTIC PARTNER** means a person who is neither married nor related by blood or marriage to the Named Insured but who is: 1) the Named Insured's sole spousal equivalent; 2) lives together with the Named Insured in the same residence and intends to do so indefinitely; and 3) is responsible with the Named Insured for each other's welfare. A domestic partner relationship may be demonstrated by any three of the following types of documentation: 1) a joint mortgage or lease; 2) designation of the domestic partner as beneficiary for life insurance; 3) designation of the domestic partner as primary beneficiary in the Named Insured's will; 4) domestic partnership agreement; 5) powers of attorney for property and/or health care; and 6) joint ownership of either a motor vehicle, checking account or credit account.

**ELECTIVE SURGERY OR ELECTIVE TREATMENT** means those health care services or supplies that do not meet the health care need for a Sickness or Injury. Elective surgery or elective treatment includes any service, treatment or supplies that: 1) are deemed by the Company to be research or experimental; or 2) are not recognized and generally accepted medical practices in the United States.

#### **EMERGENCY SERVICES** means with respect to a Medical Emergency:

- 1. A medical screening examination that is within the capability of the emergency department of a Hospital, including ancillary services routinely available to the emergency department to evaluate such emergency medical condition; and
- 2. Such further medical examination and treatment to stabilize the patient to the extent they are within the capabilities of the staff and facilities available at the Hospital.

**ESSENTIAL HEALTH BENEFITS** means the following general categories and the items and services covered within the categories:

- 1. Ambulatory patient services.
- 2. Emergency services.
- 3. Hospitalization.
- 4. Maternity and newborn care.
- 5. Mental health and substance use disorder services, including behavioral health treatment.
- 6. Prescription drugs.
- 7. Rehabilitative and habilitative services and devices.
- 8. Laboratory services.
- 9. Preventive wellness services and chronic disease management.
- 10. Pediatric services, including oral and vision care.

Essential health benefits shall be consistent with benefits set forth under the Patient Protection and Affordable Care Act of 2010 and any regulations issued pursuant thereto.

**HABILITATIVE SERVICES** means health care services and devices that help a person keep, learn, or improve skills and functions for daily living when administered by a Physician pursuant to a treatment plan. Habilitative services include occupational therapy, physical therapy, speech therapy, and other services for people with disabilities.

Habilitative services do not include Elective Surgery or Elective Treatment or services that are solely educational in nature or otherwise paid under state or federal law for purely educational services. Custodial Care, respite care, day care, therapeutic recreation, vocational training and residential treatment are not habilitative services.

A service that does not help the Insured person to meet functional goals in a treatment plan within a prescribed time frame is not a habilitative service.

**HOSPITAL** means a licensed or properly accredited general hospital which: 1) is open at all times; 2) is operated primarily and continuously for the treatment of sick and injured persons as inpatients; 3) is under the supervision of a staff of one or more legally qualified Physicians available at all times; 4) continuously provides on the premises 24 hour nursing service by Registered Nurses; 5) provides organized facilities for diagnosis on the premises; and 6) is not primarily a clinic, nursing, rest or convalescent home.

**HOSPITAL CONFINED/HOSPITAL CONFINEMENT** means confinement as an Inpatient in a Hospital by reason of an Injury or Sickness for which benefits are payable.

**INJURY** means bodily injury which is all of the following:

- 1. Directly and independently caused by specific accidental contact with another body or object.
- 2. Unrelated to any pathological, functional, or structural disorder.
- 3. A source of loss.
- 4. Treated by a Physician within 30 days after the date of accident.
- 5. Sustained while the Insured Person is covered under this policy.

All injuries sustained in one accident, including all related conditions and recurrent symptoms of these injuries will be considered one injury. Injury does not include loss which results wholly or in part, directly or indirectly, from disease or other bodily infirmity. Covered Medical Expenses incurred as a result of an injury that occurred prior to this policy's Effective Date will be considered a Sickness under this policy.

**INPATIENT** means an uninterrupted confinement that follows formal admission to a Hospital, Skilled Nursing Facility or Inpatient Rehabilitation Facility by reason of an Injury or Sickness for which benefits are payable under this policy.

**INPATIENT REHABILITATION FACILITY** means a long term acute inpatient rehabilitation center, a Hospital (or special unit of a Hospital designated as an inpatient rehabilitation facility) that provides rehabilitation health services on an Inpatient basis as authorized by law.

**INSURED PERSON** means: 1) the Named Insured; and when the policy includes Dependent coverage, 2) Dependents of the Named Insured, if: 1) the Dependent is properly enrolled in the program, and 2) the appropriate Dependent premium has been paid. The term "Insured" also means Insured Person.

**INTENSIVE CARE** means: 1) a specifically designated facility of the Hospital that provides the highest level of medical care; and 2) which is restricted to those patients who are critically ill or injured. Such facility must be separate and apart from the surgical recovery room and from rooms, beds and wards customarily used for patient confinement. They must be: 1) permanently equipped with special life-saving equipment for the care of the critically ill or injured; and 2) under constant and continuous observation by nursing staff assigned on a full-time basis, exclusively to the intensive care unit. Intensive care does not mean any of these step-down units:

- 1. Progressive care.
- 2. Sub-acute intensive care.
- 3. Intermediate care units.
- 4. Private monitored rooms.
- 5. Observation units.
- 6. Other facilities which do not meet the standards for intensive care.

**MEDICAL EMERGENCY** means the occurrence of a medical condition that manifests itself by acute symptoms of sufficient severity, including severe pain that a prudent layperson with average knowledge of health and medicine could reasonably expect the absence of immediate medical attention to result in any of the following:

- 1. Placement of the Insured's health in serious jeopardy.
- 2. Serious impairment of bodily functions.
- 3. Serious dysfunction of any body organ or part.
- 4. In the case of a pregnant woman, serious jeopardy to the health of the woman or her unborn child.

Expenses incurred for "Medical Emergency" will be paid only for Sickness or Injury which fulfills the above conditions. These expenses will not be paid for minor Injuries or minor Sicknesses.

**MEDICAL NECESSITY/MEDICALLY NECESSARY** means those services or supplies provided or prescribed by a Hospital or Physician which are all of the following:

- 1. Essential for the symptoms and diagnosis or treatment of the Sickness or Injury.
- 2. Provided for the diagnosis, or the direct care and treatment of the Sickness or Injury.
- 1. In accordance with the standards of good medical practice.
- 2. Not primarily for the convenience of the Insured, or the Insured's Physician.
- 3. The most appropriate supply or level of service which can safely be provided to the Insured.

The Medical Necessity of being confined as an Inpatient means that both:

- 1. The Insured requires acute care as a bed patient.
- 2. The Insured cannot receive safe and adequate care as an outpatient.

This policy only provides payment for services, procedures and supplies which are a Medical Necessity. No benefits will be paid for expenses which are determined not to be a Medical Necessity, including any or all days of Inpatient confinement.

**MENTAL ILLNESS** means a Sickness that is a mental, emotional or behavioral disorder listed in the mental health or psychiatric diagnostic categories in the current *Diagnostic and Statistical Manual of the American Psychiatric Association*. The fact that a disorder is listed in the *Diagnostic and Statistical Manual of the American Psychiatric Association* does not mean that treatment of the disorder is a Covered Medical Expense. If not excluded or defined elsewhere in the policy, all mental health or psychiatric diagnoses are considered one Sickness.

**NAMED INSURED** means an eligible, registered student of the Policyholder, if: 1) the student is properly enrolled in the program; and 2) the appropriate premium for coverage has been paid.

**NEWBORN INFANT** means any child born of an Insured while that person is insured under this policy. Newborn Infants will be covered under the policy for the first 31 days after birth. Coverage for such a child will be for Injury or Sickness, including medically diagnosed congenital defects, birth abnormalities, prematurity and nursery care; benefits will be the same as for the Insured Person who is the child's parent.

When the policy includes Dependent coverage, the Insured will have the right to continue such coverage for the child beyond the first 31 days. To continue the coverage the Insured must, within the 31 days after the child's birth: 1) apply to us; and 2) pay the required additional premium, if any, for the continued coverage. If the Insured does not use this right as stated here, all coverage as to that child will terminate at the end of the first 31 days after the child's birth.

**OUT-OF-NETWORK PROVIDERS** means providers who have not contracted with the Company to provide specific services to the Insured Person. The Insured Person will pay a higher amount of cost sharing to see an Out-of-Network Provider.

**OUT-OF-POCKET MAXIMUM** means the amount of Covered Medical Expenses that must be paid by the Insured Person before Covered Medical Expenses will be paid at 100% for the remainder of the Policy Year. Refer to the Schedule of Benefits for details on how the Out-of-Pocket Maximum applies.

**PHYSICIAN** means a legally qualified licensed practitioner of the healing arts (including, but not limited to, other practitioners such as a physician's assistant or registered nurse) who provides care within the scope of his/her license, other than a member of the person's immediate family.

The term "member of the immediate family" means any person related to an Insured Person within the third degree by the laws of consanguinity or affinity.

**PHYSIOTHERAPY** means short-term outpatient rehabilitation therapies (including Habilitative Services) administered by a Physician.

POLICY YEAR means the academic year beginning on the policy Effective Date and ending on the policy Termination Date.

**PREFERRED ALLOWANCE** means the amount a Preferred Provider will accept as payment in full for Covered Medical Expenses.

**PREFERRED PROVIDERS** means Physicians, Hospitals and other health care providers who have contracted with the Company to provide specific services at negotiated prices to the Insured Person.

**PRESCRIPTION DRUGS** mean: 1) prescription legend drugs; 2) compound medications of which at least one ingredient is a prescription legend drug; 3) any other drugs which under the applicable state or federal law may be dispensed only upon written prescription of a Physician; and 4) injectable insulin.

REGISTERED NURSE means a professional nurse (R.N.) who is not a member of the Insured Person's immediate family.

**SICKNESS** means sickness or disease of the Insured Person which causes loss while the Insured Person is covered under this policy. All related conditions and recurrent symptoms of the same or a similar condition will be considered one sickness. Covered Medical Expenses incurred as a result of an Injury that occurred prior to this policy's Effective Date will be considered a sickness under this policy.

SKILLED NURSING FACILITY means a Hospital or nursing facility that is licensed and operated as required by law.

**SOUND, NATURAL TEETH** means natural teeth, the major portion of the individual tooth is present, regardless of fillings or caps; and is not carious, abscessed, or defective.

**SUBSTANCE USE DISORDER** means a Sickness that is listed as an alcoholism and substance use disorder in the current *Diagnostic and Statistical Manual of the American Psychiatric Association*. The fact that a disorder is listed in the *Diagnostic and Statistical Manual of the American Psychiatric Association* does not mean that treatment of the disorder is a Covered Medical Expense. If not excluded or defined elsewhere in the policy, all alcoholism and substance use disorders are considered one Sickness.

**URGENT CARE CENTER** means a facility that provides treatment required to prevent serious deterioration of the Insured Person's health as a result of an unforeseen Sickness, Injury, or the onset of acute or severe symptoms.

**USUAL AND CUSTOMARY CHARGES** means the lesser of the actual charge or a reasonable charge which is: 1) usual and customary when compared with the charges made for similar services and supplies; and 2) made to persons having similar medical conditions in the locality where service is rendered. The Company uses data from FAIR Health, Inc. to determine Usual and Customary Charges. No payment will be made under this policy for any expenses incurred which in the judgment of the Company are in excess of Usual and Customary Charges.

#### **Exclusions and Limitations**

This Exclusions and Limitations section describes items which are excluded from coverage and are not considered to be Covered Medical Expenses.

Read the Definitions section and the Schedule of Benefits sections carefully. Refer to the Medical Expense Benefits section for benefit specific limitations.

No benefits will be paid for services designated as "No Benefits" in the Schedule of Benefits or for procedures, equipment, services, supplies, or charges which the Company determines are not Medically Necessary or do not meet the Company's medical policy, clinical coverage guidelines, or benefit policy guidelines.

No benefits will be paid for: a) loss or expense caused by, contributed to, or resulting from; or b) treatment, services or supplies for, at, or related to any of the following:

- 1. Acupuncture.
- 2. Cosmetic procedures. Cosmetic procedures are primarily intended to preserve, change, or improve the Insured Person's appearance, including surgery or treatments to change the size, shape, or appearance of facial or body features (such as the Insured's skin, nose, eyes, ears, cheeks, chin, chest, or breasts).

This exclusion does not apply to:

- Benefits specifically provided in the policy for Reconstructive Procedures.
- Myocardial infarction.
- Pulmonary embolism.
- Thrombophlebitis.
- Exacerbations of co-morbid conditions.
- 3. Custodial Care.
  - Care provided in: rest homes, health resorts, homes for the aged, halfway houses, college infirmaries or places mainly for domiciliary or Custodial Care.
  - Extended care in treatment or substance abuse facilities for domiciliary or Custodial Care.
- 4. Any Dental treatment not specifically provided for in the policy.
- 5. Elective Surgery or Elective Treatment.
- 6. Elective abortion. This exclusion does not apply to therapeutic abortions as specified under Maternity Benefits.
- 7. Examinations related to research screenings.
- 8. Foot care for the following:
  - Flat foot conditions.
  - Supportive devices for the foot, except custom made orthotic shoe inserts.
  - Subluxations of the foot.
  - Fallen arches.
  - · Weak feet.
  - Chronic foot strain.
  - Routine foot care including the care, cutting and removal of corns, calluses, toenails, and bunions (except capsular or bone surgery).
- 9. Health spa or similar facilities. Strengthening programs.
- 10. Hearing aids or exams to prescribe or fit them.
- 11. Hypnosis.
- 12. Injury or Sickness for which benefits are paid or payable under any Workers' Compensation or Occupational Disease Law or Act, or similar legislation.
- 13. Investigational services.
- 14. Marital counseling.
- 15. Voluntary participation in a riot or civil disorder. Commission of or attempt to commit a felony.
- 16. Physical exams and immunizations required for enrollment in any insurance program, as a condition of employment, or for licensing.
- 17. Prescription Drugs, services or supplies as follows:
  - Therapeutic devices or appliances, including: hypodermic needles, syringes, support garments and other non-medical substances, regardless of intended use, except as specifically provided in the policy.
  - Immunization agents, except as specifically provided under Preventive Care Services.
  - Biological sera. Blood or blood products administered on an outpatient basis.
  - Drugs labeled, "Caution limited by federal law to investigational use" or experimental drugs.
  - Products used for cosmetic purposes.
  - Drugs used to treat or cure baldness. Anabolic steroids used for body building.
  - Anorectics drugs used for the purpose of weight control.
  - Fertility agents or sexual enhancement drugs, such as Parlodel, Pergonal, Clomid, Profasi, Metrodin, Serophene, or Viagra.
  - Growth hormones for children born small for gestational age.
  - Refills in excess of the number specified or dispensed after one (1) year of date of the prescription.
- 18. Reconstructive procedures, except as specifically provided in the policy benefits for Reconstructive Procedures.
- Reproductive/Infertility services including but not limited to the following:
  - Cryopreservation of reproductive materials. Storage of reproductive materials.
  - Fertility tests.
  - Infertility treatment (male or female), including any services or supplies rendered for the purpose or with the intent of inducing conception.

- Impotence, organic or otherwise.
- Reversal of sterilization procedures.
- Sexual reassignment surgery.
- 20. When the Policyholder has a Student Health Center, services provided by the Student Health Center for which the Insured Person has no legal obligation to pay.
- 21. Naturopathic services.
- 22. Surgical treatment of gynecomastia.
- 23. Services provided by any governmental unit, unless otherwise required by law or regulation.
- 24. War or any act of war, declared or undeclared; or while in the armed forces of any country (a pro-rata premium will be refunded upon request for such period not covered).
- 25. Weight management. Weight reduction. Nutrition programs. Treatment for obesity. Surgery for removal of excess skin or fat. This exclusion does not apply to benefits specifically provided in the policy benefits for Preventive Care Services.

# UnitedHealthcare Global: Global Emergency Services

If you are a member insured with this insurance plan, you and your insured spouse or Domestic Partner and minor child(ren) are eligible for UnitedHealthcare Global Emergency Services. The requirements to receive these services are as follows:

Domestic Students, insured spouse or Domestic Partner and insured minor child(ren): you are eligible for UnitedHealthcare Global services when 100 miles or more away from your campus address and 100 miles or more away from your permanent home address or while participating in a Study Abroad program.

The Emergency Medical Evacuation services are not meant to be used in lieu of or replace local emergency services such as an ambulance requested through emergency 911 telephone assistance. All services must be arranged and provided by UnitedHealthcare Global; any services not arranged by UnitedHealthcare Global will not be considered for payment. If the condition is an emergency, you should go immediately to the nearest physician or hospital without delay and then contact the 24-hour Emergency Response Center. UnitedHealthcare Global will then take the appropriate action to assist you and monitor your care until the situation is resolved.

## **Key Services include:**

- Transfer of Insurance Information to Medical Providers
- Monitoring of Treatment
- Transfer of Medical Records
- Medication, Vaccine
- Worldwide Medical and Dental Referrals
- Dispatch of Doctors/Specialists
- Emergency Medical Evacuation
- Facilitation of Hospital Admittance up to \$5,000.00 payment
- Transportation to Join a Hospitalized Participant
- Transportation After Stabilization
- Coordinate the replacement of Corrective Lenses and Medical Devices
- Emergency Travel Arrangements
- Hotel Arrangements for Convalescence
- Continuous Updates to Family and Home Physician
- Return of Dependent Children
- Replacement of Lost or Stolen Travel Documents
- Repatriation of Mortal Remains
- Worldwide Destination Intelligence Destination Profiles
- Legal Referral
- Transfer of Funds
- Message Transmittals
- Translation Services
- Security and Political Evacuation Services
- Natural Disaster Evacuation Services

Please visit www.uhcsr.com/UHCGlobal for the UnitedHealthcare Global brochure which includes service descriptions and program exclusions and limitations.

To access services please call:

(800) 527-0218 Toll-free within the United States

(410) 453-6330 Collect outside the United States

Services are also accessible via e-mail at assistance@UHCGlobal.com.

When calling the UnitedHealthcare Global Operations Center, please be prepared to provide:

- Caller's name, telephone and (if possible) fax number, and relationship to the patient;
- Patient's name, age, sex, and UnitedHealthcare Global ID Number as listed on your Medical ID Card;
- Description of the patient's condition;
- Name, location, and telephone number of hospital, if applicable;
- Name and telephone number of the attending physician; and
- Information of where the physician can be immediately reached.

UnitedHealthcare Global is not travel or medical insurance but a service provider for emergency medical assistance services. All medical costs incurred should be submitted to your health plan and are subject to the policy limits of your health coverage. All assistance services must be arranged and provided by UnitedHealthcare Global. Claims for reimbursement of services not provided by UnitedHealthcare Global will not be accepted. Please refer to the UnitedHealthcare Global information in *My Account* at www.uhcsr.com/MyAccount for additional information, including limitations and exclusions.

## Online Access to Account Information

UnitedHealthcare **Student**Resources Insureds have online access to claims status, EOBs, ID Cards, network providers, correspondence and coverage information by logging in to **My Account** at www.uhcsr.com/myaccount. Insured students who don't already have an online account may simply select the "create **My Account** Now" link. Follow the simple, onscreen directions to establish an online account in minutes using your 7-digit Insurance ID number or the email address on file.

As part of UnitedHealthcare **Student**Resources' environmental commitment to reducing waste, we've adopted a number of initiatives designed to preserve our precious resources while also protecting the security of a student's personal health information.

My Account now includes Message Center - a self-service tool that provides a quick and easy way to view any email notifications we may have sent. In *Message* Center, notifications are securely sent directly to the Insured student's email address. If the Insured student prefers to receive paper copies, he or she may opt-out of electronic delivery by going into *My Email Preferences* and making the change there.

## **ID Cards**

One way we are becoming greener is to no longer automatically mail out **ID Cards**. Instead, we will send an email notification when the digital ID card is available to be downloaded from **My Account**. An Insured student may also use **My Account** to request delivery of a permanent ID card through the mail.

# **UHCSR Mobile App**

The UHCSR Mobile App is available for download from Google Play or Apple's App Store. Features of the Mobile App include easy access to:

- ID Cards view, save to your device, fax or email directly to your provider. Covered Dependents are also included.
- Provider Search search for In-Network participating Healthcare or Mental Health providers, call the office or facility; view a map.
- Find My Claims view claims received within the past 60 days for both the primary insured and covered dependents; includes Provider, date of service, status, claim amount and amount paid.

## **UnitedHealth Allies**

Insured students also have access to the UnitedHealth Allies® discount program. Simply log in to *My Account* as described above and select *UnitedHealth Allies Plan* to learn more about the discounts available. When the Medical ID card is viewed or printed, the UnitedHealth Allies card is also included. The UnitedHealth Allies Program is not insurance and is offered by UnitedHealth Allies, a UnitedHealth Group company.

# Claim Procedures for Injury and Sickness Benefits

In the event of Injury or Sickness, students should:

- 1. Report to the Student Health Service or Infirmary for treatment or referral, or when not in school, to their Physician or Hospital.
- 2. Mail to the address below all medical and hospital bills along with the patient's name and insured student's name, address, SR ID number (insured's insurance company ID number) and name of the university under which the student is insured. A Company claim form is not required for filing a claim.
- 3. Submit claims for payment within 90 days after the date of service. If the Insured doesn't provide this information within one year of the date of service, benefits for that service may be denied at our discretion. This time limit does not apply if the Insured is legally incapacitated.

Submit the above information to the Company by mail:

UnitedHealthcare **Student**Resources P.O. Box 809025 Dallas, TX 75380-9025

## **Pediatric Dental Services Benefits**

Benefits are provided for Covered Dental Services for Insured Persons under the age of 19. Benefits terminate on the earlier of:
1) last day of the month the Insured Person reaches the age of 19; or 2) the date the Insured Person's coverage under the policy terminates.

### Section 1: Accessing Pediatric Dental Services

#### **Network and Non-Network Benefits**

**Network Benefits** apply when the Insured Person chooses to obtain Covered Dental Services from a Network Dental Provider. Insured Persons generally are required to pay less to the Network Dental Provider than they would pay for services from a non-Network provider. Network Benefits are determined based on the contracted fee for each Covered Dental Service. In no event, will the Insured Person be required to pay a Network Dental Provider an amount for a Covered Dental Service in excess of the contracted fee.

In order for Covered Dental Services to be paid as Network Benefits, the Insured must obtain all Covered Dental Services directly from or through a Network Dental Provider.

Insured Persons must always verify the participation status of a provider prior to seeking services. From time to time, the participation status of a provider may change. Participation status can be verified by calling the Company and/or the provider. If necessary, the Company can provide assistance in referring the Insured Person to a Network Dental Provider.

The Company will make a Directory of Network Dental Providers available to the Insured Person. The Insured Person can also call Customer Service at 1-877-816-3596 to determine which providers participate in the Network. The telephone number for Customer Service is also on the Insured's ID card.

Non-Network Benefits apply when Covered Dental Services are obtained from non-Network Dental Providers. Insured Persons generally are required to pay more to the provider than for Network Benefits. Non-Network Benefits are determined based on the Usual and Customary Fee for similarly situated Network Dental Providers for each Covered Dental Service. The actual charge made by a non-Network Dental Provider for a Covered Dental Service may exceed the Usual and Customary Fee. As a result, an Insured Person may be required to pay a non-Network Dental Provider an amount for a Covered Dental Service in excess of the Usual and Customary Fee. In addition, when Covered Dental Services are obtained from non-Network Dental Providers, the Insured must file a claim with the Company to be reimbursed for Eligible Dental Expenses.

#### **Covered Dental Services**

Benefits are eligible for Covered Dental Services if such Dental Services are Necessary and are provided by or under the direction of a Network Dental Provider.

Benefits are available only for Necessary Dental Services. The fact that a Dental Provider has performed or prescribed a procedure or treatment, or the fact that it may be the only available treatment for a dental disease, does not mean that the procedure or treatment is a Covered Dental Service.

## **Pre-Treatment Estimate**

If the charge for a Dental Service is expected to exceed \$500 or if a dental exam reveals the need for fixed bridgework, the Insured Person may receive a pre-treatment estimate. To receive a pre-treatment estimate, the Insured Person or Dental Provider should send a notice to the Company, via claim form, within 20 calendar days of the exam. If requested, the Dental Provider must provide the Company with dental x-rays, study models or other information necessary to evaluate the treatment plan for purposes of benefit determination.

The Company will determine if the proposed treatment is a Covered Dental Service and will estimate the amount of payment. The estimate of benefits payable will be sent to the Dental Provider and will be subject to all terms, conditions and provisions of the policy.

A pre-treatment estimate of benefits is not an agreement to pay for expenses. This procedure lets the Insured Person know in advance approximately what portion of the expenses will be considered for payment.

#### **Pre-Authorization**

Pre-authorization is required for all orthodontic services. The Insured Person should speak to the Dental Provider about obtaining a pre-authorization before Dental Services are rendered. If the Insured Person does not obtain a pre-authorization, the Company has a right to deny the claim for failure to comply with this requirement.

#### Section 2: Benefits for Pediatric Dental Services

Benefits are provided for the Dental Services stated in this Section when such services are:

- A. Necessary.
- B. Provided by or under the direction of a Dental Provider.
- C. Clinical situations that can be effectively treated by a less costly, dental appropriate alternative procedure will be assigned a benefit based on the least costly procedure.
- D. Not excluded as described in Section 3: Pediatric Dental Services exclusions.

### **Network Benefits**

Benefits for Eligible Dental Expenses are determined as a percentage of the negotiated contract fee between the Company and the provider rather than a percentage of the provider's billed charge. The Company's negotiated rate with the provider is ordinarily lower than the provider's billed charge.

A Network provider cannot charge the Insured Person or the Company for any service or supply that is not Necessary as determined by the Company. If the Insured Person agrees to receive a service or supply that is not Necessary, the Network provider may charge the Insured. However, these charges will not be considered Covered Dental Services and benefits will not be payable.

#### **Non-Network Benefits**

Benefits for Eligible Dental Expenses from non-Network providers are determined as a percentage of Usual and Customary Fees. The Insured Person must pay the amount by which the non-Network provider's billed charge exceeds the Eligible Dental Expense.

#### **Dental Services Deductible**

Benefits for pediatric Dental Services are not subject to the policy Deductible stated in the policy Schedule of Benefits. Instead, benefits for pediatric Dental Services are subject to a separate Dental Services Deductible. For any combination of Network and Non-Network Benefits, the Dental Services Deductible per Policy Year is \$500 per Insured Person.

#### **Out-of-Pocket Maximum**

Any amount the Insured Person pays in Coinsurance for pediatric Dental Services under this benefit applies to the Out-of-Pocket Maximum stated in the policy Schedule of Benefits.

### **Benefits**

Dental Services Deductibles are calculated on a Policy Year basis.

When benefit limits apply, the limit stated refers to any combination of Network Benefits and Non-Network Benefits unless otherwise specifically stated. Benefit limits are calculated on a Policy Year basis unless otherwise specifically stated.

Benefit percentages shown below are the percentages of Covered Dental Services that the Company pays.

Benefit Description and Limitations	Network Benefits Benefits are shown as a percentage of Eligible Dental Expenses.	Non-Network Benefits Benefits are shown as a percentage of Eligible Dental Expenses.	
Diagnostic Services			
Intraoral Bitewing Radiographs (Bitewing X-ray) Limited to 2 series of films per 12 months.	50%	50%	
Panorex Radiographs (Full Jaw X-ray) or Complete Series Radiographs (Full Set of X-rays) Limited to 1 time per 36 months.	50%	50%	
Periodic Oral Evaluation (Checkup Exam) Limited to 2 times per 12 months. Covered as a separate benefit only if no other service was done during the visit other than X-rays.	50%	50%	
Preventive Services			
Dental Prophylaxis (Cleanings) Limited to 2 times per 12months.	50%	50%	
Fluoride Treatments Limited to 2 treatments per 12 months. Treatment should be done in conjunction with dental prophylaxis.	50%	50%	
Sealants (Protective Coating) Limited to once per first or second permanent molar every 36 months.	50%	50%	
Space Maintainers (Spacers) Benefit includes all adjustments within 6 months of installation.	50%	50%	
Minor Restorative Services, Endodontics, Periodontics and Oral Surgery			
Amalgam Restorations (Silver Fillings) Multiple restorations on one surface will be treated as a single filling.	50%	50%	
Composite Resin Restorations (Tooth Colored Fillings) For anterior (front) teeth only.	50%	50%	
Endodontics (Root Canal Therapy)	50%	50%	

Benefit Description and Limitations	Network Benefits	Non-Network Benefits
	Benefits are shown as a	Benefits are shown as a
	percentage of Eligible Dental	percentage of Eligible Dental
Deviadantal Surgary (Cum Surgary)	Expenses. 50%	Expenses.
Periodontal Surgery (Gum Surgery) Limited to 1 quadrant or site per 24 months per surgical	50%	50%
area.		
Scaling and Root Planing (Deep Cleanings)	50%	50%
Limited to 1 time per quadrant per 24 months.		
Periodontal Maintenance (Gum Maintenance)	50%	50%
Limited to 4 times per 12 month period in conjunction with		
dental prophylaxis following active and adjunctive		
periodontal therapy, exclusive of gross debridement.  Simple Extractions (Simple tooth removal)	50%	50%
Limited to 1 time per tooth per lifetime.	30 %	30 70
Oral Surgery, including Surgical Extraction	50%	50%
Adjunctive Services		
General Services (including Dental Emergency treatment)	50%	50%
Covered as a separate benefit only if no other service was		
done during the visit other than X-rays.		
General anesthesia is covered when clinically necessary.		
General allestriesia is covered when clinically necessary.		
Occlusal guards limited to 1 guard every 12 months.		
Major Restorative Services		
Replacement of complete dentures, fixed or removable pa		onlays previously submitted for
payment is limited to 1 time per 60 months from initial or sup		
Inlays/Onlays/Crowns (Partial to Full Crowns)	50%	50%
Limited to 1 time per tooth per 60 months. Covered only		
when silver fillings cannot restore the tooth.  Fixed Prosthetics (Bridges)	50%	50%
Limited to 1 time per tooth per 60 months. Covered only	30%	30%
when a filling cannot restore the tooth.		
Removable Prosthetics (Full or partial dentures)	50%	50%
Limited to 1 per 60 months. No additional allowances for		
precision or semi-precision attachments.		
Relining and Rebasing Dentures	50%	50%
Limited to relining/rebasing performed more than 6 months		
after the initial insertion. Limited to 1 time per 12 months.  Repairs or Adjustments to Full Dentures, Partial Dentures,	50%	50%
Bridges, or Crowns	00-70	0070
Limited to repairs or adjustments performed more than 12		
months after the initial insertion. Limited to 1 per 6 months.		
Implants		
Implant Placement	50%	50%
Limited to 1 time per 60 months.	500/	500/
Implant Supported Prosthetics Limited to 1 time per 60 months.	50%	50%
Implant Maintenance Procedures	50%	50%
Includes removal of prosthesis, cleansing of prosthesis and	0070	55 /6
abutments and reinsertion of prosthesis. Limited to 1 time		
per 60 months.		
Repair Implant Supported Prosthesis by Report	50%	50%
Limited to 1 time per 60 months.		
Abutment Supported Crown (Titanium) or Retainer Crown	50%	50%
for FPD - Titanium		
Limited to 1 time per 60 months.		

Benefit Description and Limitations	Network Benefits Benefits are shown as a percentage of Eligible Dental Expenses.	Non-Network Benefits Benefits are shown as a percentage of Eligible Dental Expenses.
Repair Implant Abutment by Support Limited to 1 time per 60 months.	50%	50%
Radiographic/Surgical Implant Index by Report Limited to 1 time per 60 months.	50%	50%

MEDICALLY NECESSARY ORTHODONTICS

Benefits for comprehensive orthodontic treatment are approved by the Company, only in those instances that are related to an identifiable syndrome such as cleft lip and or palate, Crouzon's syndrome, Treacher-Collins syndrome, Pierre-Robin syndrome, hemi-facial atrophy, hemi-facial hypertrophy; or other severe craniofacial deformities which result in a physically handicapping malocclusion as determined by the Company's dental consultants. Benefits are not available for comprehensive orthodontic treatment for crowded dentitions (crooked teeth), excessive spacing between teeth, temporomandibular joint (TMJ) conditions and/or having horizontal/vertical (overjet/overbite) discrepancies.

All orthodontic treatment must be prior authorized.

Orthodontic Services	50%	50%
Services or supplies furnished by a Dental Provider in		
order to diagnose or correct misalignment of the teeth or		
the bite. Benefits are available only when the service or		
supply is determined to be medically necessary.		

### Section 3: Pediatric Dental Exclusions

Except as may be specifically provided under Section 2: Benefits for Covered Dental Services, benefits are not provided for the following:

- 1. Any Dental Service or Procedure not listed as a Covered Dental Service in Section 2: Benefits for Covered Dental Services.
- 2. Dental Services that are not Necessary.
- 3. Hospitalization or other facility charges.
- 4. Any Dental Procedure performed solely for cosmetic/aesthetic reasons. (Cosmetic procedures are those procedures that improve physical appearance.)
- 5. Reconstructive surgery, regardless of whether or not the surgery is incidental to a dental disease, Injury, or Congenital Condition, when the primary purpose is to improve physiological functioning of the involved part of the body.
- 6. Any Dental Procedure not directly associated with dental disease.
- 7. Procedures that are considered to be Experimental or Investigational or Unproven Services. This includes pharmacological regimens not accepted by the American Dental Association (ADA) Council on Dental Therapeutics. The fact that an Experimental, or Investigational or Unproven Service, treatment, device or pharmacological regimen is the only available treatment for a particular condition will not result in benefits if the procedure is considered to be Experimental or Investigational or Unproven in the treatment of that particular condition.
- 8. Setting of facial bony fractures and any treatment associated with the dislocation of facial skeletal hard tissue.
- 9. Treatment of benign neoplasms, cysts, or other pathology involving benign lesions, except excisional removal. Treatment of malignant neoplasms or Congenital Conditions of hard or soft tissue, including excision. See the Covered Medical Expense Benefits section of the Policy for covered services.
- 10. Replacement of complete dentures, fixed and removable partial dentures or crowns and implants, implant crowns and prosthesis if damage or breakage was directly related to provider error. This type of replacement is the responsibility of the Dental Provider. If replacement is Necessary because of patient non-compliance, the patient is liable for the cost of replacement.
- 11. Services related to the temporomandibular joint (TMJ), either bilateral or unilateral. Upper and lower jaw bone surgery (including surgery related to the temporomandibular joint). Orthognathic surgery, jaw alignment, and treatment for the temporomandibular joint. See the Covered Medical Expense Benefits section of the Policy for covered services.
- 12. Charges for failure to keep a scheduled appointment without giving the dental office 24 hours notice.
- 13. Expenses for Dental Procedures begun prior to the Insured Person's Effective Date of coverage.
- 14. Dental Services otherwise covered under the policy, but rendered after the date individual coverage under the policy terminates, including Dental Services for dental conditions arising prior to the date individual coverage under the policy terminates.
- 15. Fixed or removable prosthodontic restoration procedures for complete oral rehabilitation or reconstruction.
- 16. Procedures related to the reconstruction of a patient's correct vertical dimension of occlusion (VDO).
- 17. Billing for incision and drainage if the involved abscessed tooth is removed on the same date of service.

18. Placement of fixed partial dentures solely for the purpose of achieving periodontal stability.

### Section 4: Claims for Pediatric Dental Services

When obtaining Dental Services from a non-Network provider, the Insured Person will be required to pay all billed charges directly to the Dental Provider. The Insured Person may then seek reimbursement from the Company. The Insured Person must provide the Company with all of the information identified below.

#### **Reimbursement for Dental Services**

The Insured Person is responsible for sending a request for reimbursement to the Company, on a form provided by or satisfactory to the Company.

#### Claim Forms

It is not necessary to include a claim form with the proof of loss. However, the proof must include all of the following information:

- Insured Person's name and address.
- Insured Person's identification number.
- The name and address of the provider of the service(s).
- A diagnosis from the Dental Provider including a complete dental chart showing extractions, fillings or other dental services rendered before the charge was incurred for the claim.
- Radiographs, lab or hospital reports.
- Casts, molds or study models.
- Itemized bill which includes the CPT or ADA codes or description of each charge.
- The date the dental disease began.
- A statement indicating that the Insured Person is or is not enrolled for coverage under any other health or dental insurance plan or program. If enrolled for other coverage the Insured Person must include the name of the other carrier(s).

To file a claim, submit the above information to the Company at the following address:

UnitedHealthcare Dental Attn: Claims Unit P.O. Box 30567 Salt Lake City, UT 84130-0567

Submit claims for payment within 90 days after the date of service. If the Insured doesn't provide this information within one year of the date of service, benefits for that service may be denied at our discretion. This time limit does not apply if the Insured is legally incapacitated.

If the Insured Person would like to use a claim form, the Insured Person can request one be mailed by calling Customer Service at 1-877-816-3596. This number is also listed on the Insured's Dental ID Card.

### Section 5: Defined Terms for Pediatric Dental Services

The following definitions are in addition to the policy DEFINITIONS:

Covered Dental Service - a Dental Service or Dental Procedure for which benefits are provided under this section.

**Dental Emergency** - a dental condition or symptom resulting from dental disease which arises suddenly and, in the judgment of a reasonable person, requires immediate care and treatment, and such treatment is sought or received within 24 hours of onset.

**Dental Provider** - any dentist or dental practitioner who is duly licensed and qualified under the law of jurisdiction in which treatment is received to render Dental Services, perform dental surgery or administer anesthetics for dental surgery.

**Dental Service or Dental Procedures** - dental care or treatment provided by a Dental Provider to the Insured Person while the policy is in effect, provided such care or treatment is recognized by the Company as a generally accepted form of care or treatment according to prevailing standards of dental practice.

**Dental Services Deductible** – the amount the Insured Person must pay for Covered Dental Services in a Policy Year before the Company will begin paying for Network or Non-Network benefits in that Policy Year.

**Eligible Dental Expenses** - Eligible Dental Expenses for Covered Dental Services, incurred while the policy is in effect, are determined as stated below:

- For Network Benefits, when Covered Dental Services are received from Network Dental Providers, Eligible Dental Expenses are the Company's contracted fee(s) for Covered Dental Services with that provider.
- For Non-Network Benefits, when Covered Dental Services are received from Non-Network Dental Providers, Eligible Dental Expenses are the Usual and Customary Fees, as defined below.

**Experimental, Investigational, or Unproven Service -** medical, dental, surgical, diagnostic, or other health care services, technologies, supplies, treatments, procedures, drug therapies or devices that, at the time the Company makes a determination regarding coverage in a particular case, is determined to be:

- Not approved by the U.S. Food and Drug Administration (FDA) to be lawfully marketed for the proposed use and not identified in the American Hospital Formulary Service or the United States Pharmacopoeia Dispensing Information as appropriate for the proposed use; or
- Subject to review and approval by any institutional review board for the proposed use; or
- The subject of an ongoing clinical trial that meets the definition of a Phase 1, 2, or 3 clinical trial set forth in the FDA regulations, regardless of whether the trial is actually subject to FDA oversight; or
- Not determined through prevailing peer-reviewed professional literature to be safe and effective for treating or diagnosing the condition or Sickness for which its use is proposed.

**Foreign Services** – services provided outside the U.S. and U.S. Territories.

**Necessary** - Dental Services and supplies which are determined by the Company through case-by-case assessments of care based on accepted dental practices to be appropriate and are all of the following:

- Necessary to meet the basic dental needs of the Insured Person.
- Rendered in the most cost-efficient manner and type of setting appropriate for the delivery of the Dental Service.
- Consistent in type, frequency and duration of treatment with scientifically based guidelines of national clinical, research, or health care coverage organizations or governmental agencies that are accepted by the Company.
- Consistent with the diagnosis of the condition.
- Required for reasons other than the convenience of the Insured Person or his or her Dental Provider.
- Demonstrated through prevailing peer-reviewed dental literature to be either:
  - Safe and effective for treating or diagnosing the condition or sickness for which their use is proposed; or
  - Safe with promising efficacy
    - For treating a life threatening dental disease or condition.
    - Provided in a clinically controlled research setting.
    - Using a specific research protocol that meets standards equivalent to those defined by the National Institutes of Health.

(For the purpose of this definition, the term life threatening is used to describe dental diseases or sicknesses or conditions, which are more likely than not to cause death within one year of the date of the request for treatment.)

The fact that a Dental Provider has performed or prescribed a procedure or treatment or the fact that it may be the only treatment for a particular dental disease does not mean that it is a Necessary Covered Dental Service as defined. The definition of Necessary used in this section relates only to benefits under this section and differs from the way in which a Dental Provider engaged in the practice of dentistry may define necessary.

**Network** - a group of Dental Providers who are subject to a participation agreement in effect with the Company, directly or through another entity, to provide Dental Services to Insured Persons. The participation status of providers will change from time to time.

Network Benefits - benefits available for Covered Dental Services when provided by a Dental Provider who is a Network Dentist.

Non-Network Benefits - benefits available for Covered Dental Services obtained from Non-Network Dentists.

**Usual and Customary Fee** - Usual and Customary Fees are calculated by the Company based on available data resources of competitive fees in that geographic area.

Usual and Customary Fees must not exceed the fees that the provider would charge any similarly situated payor for the same services.

Usual and Customary Fees are determined solely in accordance with the Company's reimbursement policy guidelines. The Company's reimbursement policy guidelines are developed by the Company, in its discretion, following evaluation and validation of all provider billings in accordance with one or more of the following methodologies:

- As indicated in the most recent edition of the Current Procedural Terminology (publication of the American Dental Association).
- As reported by generally recognized professionals or publications.
- As utilized for Medicare.
- As determined by medical or dental staff and outside medical or dental consultants.
- Pursuant to other appropriate source or determination that the Company accepts.

## **Pediatric Vision Care Services Benefits**

Benefits are provided for Vision Care Services for Insured Persons under the age of 19. Benefits terminate on the earlier of: 1) last day of the month the Insured Person reaches the age of 19; or 2) the date the Insured Person's coverage under the policy terminates.

#### Section 1: Benefits for Pediatric Vision Care Services

Benefits are available for pediatric Vision Care Services from a Spectera Eyecare Networks or non-Network Vision Care Provider. To find a Spectera Eyecare Networks Vision Care Provider, the Insured Person may call the provider locator service at 1-800-839-3242. The Insured Person may also access a listing of Spectera Eyecare Networks Vision Care Providers on the Internet at www.myuhcvision.com.

When Vision Care Services are obtained from a non-Network Vision Care Provider, the Insured Person will be required to pay all billed charges at the time of service. The Insured Person may then seek reimbursement from the Company as described under Section 3: Claims for Vision Care Services. Reimbursement will be limited to the amounts stated below.

When obtaining these Vision Care Services from a Spectera Eyecare Networks Vision Care Provider, the Insured Person will be required to pay any Copayments at the time of service.

#### **Network Benefits**

Benefits for Vision Care Services are determined based on the negotiated contract fee between the Company and the Vision Care Provider. The Company's negotiated rate with the Vision Care Provider is ordinarily lower than the Vision Care Provider's billed charge.

#### **Non-Network Benefits**

Benefits for Vision Care Services from non-Network providers are determined as a percentage of the provider's billed charge.

## **Out-of-Pocket Maximum**

Any amount the Insured Person pays in Copayments for Vision Care Services under this section applies to the Out-of-Pocket Maximum stated in the policy Schedule of Benefits.

### **Policy Deductible**

Benefits for pediatric Vision Care Services are not subject to any policy Deductible stated in the policy Schedule of Benefits. Any amount the Insured Person pays in Copayments for Vision Care Services does not apply to the policy Deductible stated in the policy Schedule of Benefits.

### **Benefit Description**

When benefit limits apply, the limit stated refers to any combination of Network Benefits and Non-Network Benefits unless otherwise specifically stated. Benefit limits are calculated on a Policy Year basis unless otherwise specifically stated.

Benefits are provided for the Vision Care Services described below, subject to Frequency of Service limits and Copayments and Coinsurance stated under each Vision Care Service in the Schedule of Benefits below.

#### **Routine Vision Examination**

A routine vision examination of the condition of the eyes and principal vision functions according to the standards of care in the jurisdiction in which the Insured Person resides, including:

- A case history that includes chief complaint and/or reason for examination, patient medical/eye history, and current medications.
- Recording of monocular and binocular visual acuity, far and near, with and without present correction (for example, 20/20 and 20/40).
- Cover test at 20 feet and 16 inches (checks eye alignment).
- Ocular motility including versions (how well eyes track) near point convergence (how well eyes move together for near vision tasks, such as reading), and depth perception.
- Pupil responses (neurological integrity).
- External exam.
- Retinoscopy (when applicable) objective refraction to determine lens power of corrective lenses and subjective refraction to determine lens power of corrective lenses.
- Phorometry/Binocular testing far and near: how well eyes work as a team.
- Tests of accommodation and/or near point refraction: how well the Insured sees at near point (for example, reading).
- Tonometry, when indicated: test pressure in eye (glaucoma check).
- Ophthalmoscopic examination of the internal eye.
- Confrontation visual fields.
- Biomicroscopy.
- · Color vision testing.
- Diagnosis/prognosis.
- Specific recommendations.

Post examination procedures will be performed only when materials are required.

Or, in lieu of a complete exam, Retinoscopy (when applicable) - objective refraction to determine lens power of corrective lenses and subjective refraction to determine lens power of corrective lenses.

Eyeglass Lenses - Lenses that are mounted in eyeglass frames and worn on the face to correct visual acuity limitations.

**Eyeglass Frames** - A structure that contains eyeglass lenses, holding the lenses in front of the eyes and supported by the bridge of the nose.

**Contact Lenses** - Lenses worn on the surface of the eye to correct visual acuity limitations. Benefits include the fitting/evaluation fees and contacts.

The Insured Person is eligible to select only one of either eyeglasses (Eyeglass Lenses and/or Eyeglass Frames) or Contact Lenses. If the Insured Person selects more than one of these Vision Care Services, the Company will pay benefits for only one Vision Care Service.

**Necessary Contact Lenses** - Benefits are available when a Vision Care Provider has determined a need for and has prescribed the contact lens. Such determination will be made by the Vision Care Provider and not by the Company. Contact lenses are necessary if the Insured Person has any of the following:

- Keratoconus.
- Anisometropia.
- Irregular corneal/astigmatism.
- Aphakia.
- · Facial deformity.
- Corneal deformity.
- Pathological myopia.
- Aniseikonia.
- Aniridia.
- Post-traumatic disorders.

**Low Vision** – Benefits are available to an Insured Person who has severe visual problems that cannot be corrected with regular lenses and only when a Vision Care Provider has determined a need for and has prescribed the service. Such determination will be made by the Vision Care Provider and not by the Company.

### This benefit includes:

- Low vision testing: Complete low vision analysis and diagnosis which includes a comprehensive examination of visual functions, including the prescription of corrective eyewear or vision aids where indicated.
- Low vision therapy: Subsequent low vision therapy if prescribed.

#### Schedule of Benefits

Benefit percentages shown below are the percentages of covered Vision Care Services that the Company pays.

Vision Care Service	Frequency of Service	Network Benefit	Non-Network Benefit
Routine Vision Examination or Refraction only in lieu of a complete exam.	Once per year.	100% after a Copayment of \$20.	50% of the billed charge.
Eyeglass Lenses	Once per year.		
Single Vision		100% after a Copayment of \$40.	50% of the billed charge.
Bifocal		100% after a Copayment of \$40.	50% of the billed charge.
Trifocal		100% after a Copayment of \$40.	50% of the billed charge.
Lenticular		100% after a Copayment of \$40.	50% of the billed charge.
Lens Extras	Once per year.		
Polycarbonate Lenses		100%	100% of the billed charge.
<ul> <li>Standard scratch-resistant coating</li> </ul>		100%	100% of the billed charge.
• Tint		20%	Non-Network Benefits are not available.
Oversized Lenses		20%	Non-Network Benefits are not available.
Eyeglass Frames	Once per year.		
<ul> <li>Eyeglass frames with a retail cost up to \$130.</li> </ul>		100%	50% of the billed charge.
<ul> <li>Eyeglass frames with a retail cost of \$130 - 160.</li> </ul>		100% after a Copayment of \$15.	50% of the billed charge.
<ul> <li>Eyeglass frames with a retail cost of \$160 - 200.</li> </ul>		100% after a Copayment of \$30.	50% of the billed charge.

Vision Care Service	Frequency of Service	Network Benefit	Non-Network Benefit
<ul> <li>Eyeglass frames with a retail cost of \$200 - 250.</li> </ul>		100% after a Copayment of \$50.	50% of the billed charge.
<ul> <li>Eyeglass frames with a retail cost greater than \$250.</li> </ul>		60%	50% of the billed charge.
Contact Lenses	Limited to a 12 month supply.		
Covered Contact Lens     Selection		100% after a Copayment of \$40.	50% of the billed charge.
Necessary Contact Lenses		100% after a Copayment of \$40.	50% of the billed charge.
Low Vision Services  Note that benefits for these services will be paid as reimbursements. When obtaining these Vision Services, the Insured will be required to pay all billed charges at the time of service. The Insured may then obtain reimbursement from the Company. Reimbursement will be limited to the amounts stated.	Once every 24 months		
Low Vision Testing		100% of the billed charge.	75% of the billed charge.
Low Vision Therapy		100% of the billed charge.	75% of the billed charge.

### **Section 2: Pediatric Vision Exclusions**

Except as may be specifically provided under Section 1: Benefits for Pediatric Vision Care Services, benefits are not provided for the following:

- 1. Medical or surgical treatment for eye disease which requires the services of a Physician and for which benefits are available as stated in the policy.
- 2. Non-prescription items (e.g. Plano lenses).
- 3. Replacement or repair of lenses and/or frames that have been lost or broken.
- 4. Optional Lens Extras not listed in Section 1: Benefits for Vision Care Services.
- 5. Missed appointment charges.
- 6. Applicable sales tax charged on Vision Care Services.

## Section 3: Claims for Pediatric Vision Care Services

When obtaining Vision Care Services from a non-Network Vision Care Provider, the Insured Person will be required to pay all billed charges directly to the Vision Care Provider. The Insured Person may then seek reimbursement from the Company. Information about claim timelines and responsibilities in the policy PART II, GENERAL PROVISIONS applies to Vision Care Services provided under this section, except that when the Insured Person submits a Vision Care Services claim, the Insured Person must provide the Company with all of the information identified below.

## **Reimbursement for Vision Care Services**

To file a claim for reimbursement for Vision Care Services rendered by a non-Network Vision Care Provider, or for Vision Care Services covered as reimbursements (whether or not rendered by a Spectera Eyecare Networks Vision Care Provider or a non-Network Vision Care Provider), the Insured Person must provide all of the following information at the address specified below:

- Insured Person's itemized receipts.
- Insured Person's name.
- Insured Person's identification number.
- Insured Person's date of birth.

Submit the above information to the Company:

By mail:

Claims Department P.O. Box 30978 Salt Lake City, UT 84130

By facsimile (fax):

248-733-6060

#### **Reimbursement for Low Vision Services**

To file a claim for reimbursement for Low Vision Services, the Insured Person must provide all of the following information at the address specified below:

- Insured Person's itemized receipts.
- Insured Person's name.
- Insured Person's identification number.
- Insured Person's date of birth.

Submit the above information to the Company:

By mail:

Claims Department P.O. Box 30978 Salt Lake City, UT 84130

By facsimile (fax):

248-733-6060

Submit claims for payment within 90 days after the date of service. If the Insured doesn't provide this information within one year of the date of service, benefits for that service may be denied at our discretion. This time limit does not apply if the Insured is legally incapacitated.

## Section 4: Defined Terms for Pediatric Vision Care Services

The following definitions are in addition to the policy DEFINITIONS:

**Covered Contact Lens Selection** - a selection of available contact lenses that may be obtained from a Spectera Eyecare Networks Vision Care Provider on a covered-in-full basis, subject to payment of any applicable Copayment.

**Spectera Eyecare Networks** - any optometrist, ophthalmologist, optician or other person designated by the Company who provides Vision Care Services for which benefits are available under the policy.

Vision Care Provider - any optometrist, ophthalmologist, optician or other person who may lawfully provide Vision Care Services.

Vision Care Service - any service or item listed in Section 1: Benefits for Pediatric Vision Care Services.

## **Notice of Appeal Rights**

### Right to Internal Appeal

## Standard Internal Appeal

The Insured Person has the right to request an Internal Appeal if the Insured Person disagrees with the Company's denial, in whole or in part, of a claim or request for benefits. The Insured Person, or the Insured Person's Authorized Representative, must submit a written request for an Internal Appeal within 180 days of receiving a notice of the Company's Adverse Determination.

The written Internal Appeal request should include:

- 1. A statement specifically requesting an Internal Appeal of the decision;
- 2. The Insured Person's Name and ID number (from the ID card);
- 3. The date(s) of service;
- 4. The Provider's name;
- 5. The reason the claim should be reconsidered; and
- 6. Any written comments, documents, records, or other material relevant to the claim.

Please contact the Customer Service Department at 800-767-0700 with any questions regarding the Internal Appeal process. The written request for an Internal Appeal should be sent to: UnitedHealthcare **Student**Resources, PO Box 809025, Dallas, TX 75380-9025.

## **Expedited Internal Appeal**

For Urgent Care Requests, an Insured Person may submit a request, either orally or in writing, for an Expedited Internal Appeal.

An Urgent Care Request means a request for services or treatment where the time period for completing a standard Internal Appeal:

- 1. Could seriously jeopardize the life or health of the Insured Person or jeopardize the Insured Person's ability to regain maximum function; or
- 2. Would, in the opinion of a Physician with knowledge of the Insured Person's medical condition, subject the Insured Person to severe pain that cannot be adequately managed without the requested health care service or treatment.

To request an Expedited Internal Appeal, please contact Claims Appeals at 888-315-0447. The written request for an Expedited Internal Appeal should be sent to: Claims Appeals, UnitedHealthcare **Student**Resources, PO Box 809025, Dallas, TX 75380-9025.

### Right to External Independent Review

After exhausting the Company's Internal Appeal process, the Insured Person, or the Insured Person's Authorized Representative, has the right to request an External Independent Review when the service or treatment in question:

- 1. Is a Covered Medical Expense under the Policy; and
- 2. Is not covered because it does not meet the Company's requirements for Medical Necessity, appropriateness, health care setting, level or care, or effectiveness.

#### Standard External Review

A Standard External Review request must be submitted in writing within 180 days of receiving a notice of the Company's Adverse Determination or Final Adverse Determination.

#### **Expedited External Review**

An Expedited External Review request may be submitted either orally or in writing when:

- 1. The Insured Person or the Insured Person's Authorized Representative has received an Adverse Determination, and
  - a The Insured Person, or the Insured Person's Authorized Representative, has submitted a request for an Expedited Internal Appeal; and
  - b Adverse Determination involves a medical condition for which the time frame for completing an Expedited Internal Review would seriously jeopardize the life or health of the Insured Person or jeopardize the Insured Person's ability to regain maximum function;

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- 2. The Insured Person or the Insured Person's Authorized Representative has received a Final Adverse Determination, and
  - a The Insured Person has a medical condition for which the time frame for completing a Standard External Review would seriously jeopardize the life or health of the Insured Person or jeopardize the Insured Person's ability to regain maximum function; or
  - b The Final Adverse Determination involves an admission, availability of care, continued stay, or health care service for which the Insured Person received emergency services, but has not been discharged from a facility.

## Standard Experimental or Investigational External Review

An Insured Person, or an Insured Person's Authorized Representative, may submit a request for an Experimental or Investigational External Review when the denial of coverage is based on a determination that the recommended or requested health care service or treatment is experimental or investigational.

A request for a Standard Experimental or Investigational External Review must be submitted in writing within 180 days of receiving a notice of the Company's Adverse Determination or Final Adverse Determination.

### **Expedited Experimental or Investigational External Review**

An Insured Person, or an Insured Person's Authorized Representative, may submit an oral request for an Expedited Experimental or Investigational External Review when:

- 1. The Insured Person or the Insured Person's Authorized Representative has received an Adverse Determination, and
  - a The Insured Person, or the Insured Person's Authorized Representative, has submitted a request for an Expedited Internal Appeal; and
  - b Adverse Determination involves a denial of coverage based on a determination that the recommended or requested health care service or treatment is experimental or investigational and the Insured Person's treating Physician certifies in writing that the recommended or requested health care service or treatment would be significantly less effective is not initiated promptly;

or

- 2. The Insured Person or the Insured Person's Authorized Representative has received a Final Adverse Determination, and
  - a The Insured Person has a medical condition for which the time frame for completing a Standard External Review would seriously jeopardize the life or health of the Insured Person or jeopardize the Insured Person's ability to regain maximum function; or
  - b The Final Adverse Determination is based on a determination that the recommended or requested health care service or treatment is experimental or investigational and the Insured Person's treating Physician certifies in writing that the recommended or requested health care service or treatment would be significantly less effective if not initiated promptly.

## Where to Send External Review Requests

All types of External Review requests shall be submitted to Claims Appeals at the following address:

Claims Appeals UnitedHealthcare **Student**Resources PO Box 809025 Dallas, TX 75380-9025 888-315-0447

#### **Questions Regarding Appeal Rights**

Contact Customer Service at 800-767-0700 with questions regarding the Insured Person's rights to an Internal Appeal and External Review.

Other resources are available to help the Insured Person navigate the appeals process. For questions about appeal rights, your state department of insurance may be able to assist you at:

Office of Consumer Affairs
Ohio Department of Insurance
50 W. Town Street, Third Floor, Suite 300
Columbus, OH 43215
1-800-686-1526
Website: www.ohioinsurance.gov

## The Plan is Underwritten by:

### UNITEDHEALTHCARE INSURANCE COMPANY

#### **Administrative Office:**

UnitedHealthcare **Student**Resources P.O. Box 809025 Dallas, Texas 75380-9025 1-800-767-0700 customerservice@uhcsr.com claims@uhcsr.com

## Sales/Marketing Services:

UnitedHealthcare **Student**Resources 805 Executive Center Drive West, Suite 220 St. Petersburg, FL 33702 1-800-237-0903

For information on Dental Plans that may be available, please call 1-800-237-0903 or visit the Website at www.uhcsr.com/ohio.

Please keep this Brochure as a general summary of the insurance. The Master Policy on file at the University contains all of the provisions, limitations, exclusions and qualifications of your insurance benefits, some of which may not be included in this Brochure. The Master Policy is the contract and will govern and control the payment of benefits.

This Brochure is based on Policy # 2016-1103-2.

